

Summer Multi-Terrain League - Race 4 Arrowe Park ~ 4.5 Miles – 22 Sept 2009

Mens Individual Results

1	Steve Crowe	Ellesmere Port	U40M	24:44	73	David Oldfield	Tattenhall Runners	O50M	30:58
2	Chris Cooper	Wirral	U20M	25:05	74	Gary Munsey	Chester Tri	O40M	31:04
3	Shaun Egan	Wirral	U20M	25:23	75	Andy Rogerson	Wallasey	O40M	31:07
4	Ian Cooper	Ellesmere Port	O40M	25:38	76	Andy Smith	Pensby Runners	O40M	31:12
5	Paul Quine	Liverpool RC	O40M	25:51	77	Toby Kelly	Wirral	U20M	31:20
6	Ben Costello	Wirral	U20M	25:57	78	Will Ferguson	Wirral	U30M	31:21
7	Kenny Begley	Chester Tri	O40M	25:58	79	Tim Charmley	Tattenhall Runners	O40M	31:22
8	Andrew Gawne	Wirral	U20M	26:00	80	Andy Wyganowski	Chester Tri	O40M	31:26
9	Greg Jones	Wallasey	U30M	26:04	81	Barry Metcalfe	Wallasey	O40M	31:32
10	Andrew Clague	West Cheshire	O40M	26:10	82	Steve Riley	Helsby	O40M	31:34
11	Chris Standidge	Chester Tri	U30M	26:19	83	Andrew Cabot	Wirral	U20M	31:38
12	Phil Robertson	Wirral	U20M	26:36	84	Geoff Shaw	Helsby	O50M	31:42
13	Myles Robertson	Wirral	O40M	26:50	85	Derek McArdle	Wallasey	O40M	31:43
14	Tony Barbat	Wallasey	O40M	27:04	86	Barry Bright	Penny Lane Striders	O50M	31:48
15	Ian Lancaster	Tattenhall Runners	O50M	27:07	87	Pete Weatherhead	Wirral	O50M	31:49
16	Tony McDevitt	Wirral	O50M	27:14	88	Tim Warn	Penny Lane Striders	O60M	31:51
17	Mark Hargreaves	PLS N/S	U40M	27:24	89	Mike Griffiths	Wallasey	O50M	31:51
18	Denis Duret	Ellesmere Port	O40M	27:25	90	Gordon Scholefield	Pensby Runners	O50M	31:51
19	Richard Webster	Chester Tri	O40M	27:28	91	Billy Hargreaves	PLS N/S	O60M	31:53
20	John Connolly	Penny Lane Striders	U40M	27:30	92	Chris Cain	West Cheshire	O40M	31:54
21	Phil Walton	Wallasey	U30M	27:33	93	Dave Quirk	Pensby Runners	O50M	31:59
22	Simon Ellis	Tattenhall Runners	O40M	27:33	94	Dave Taylor	Chester Tri	O50M	32:00
23	Connor McArdle	Wallasey	U20M	27:33	95	Danny Legg	Ellesmere Port	O40M	32:12
24	Ian Magill	Liverpool RC	O40M	27:42	96	Barry Chambers	Vale Royal	O50M	32:17
25	Karl Bryers	Wirral	O40M	27:45	97	Andy Waring	Birkenhead	O50M	32:21
26	Simon Fox	Wirral	O40M	27:49	98	Brian Hastings	West Cheshire	O60M	32:22
27	Neil Johnson	Mersey Tri	O40M	27:59	99	Peter Elliott	Pensby Runners	O40M	32:23
28	Paul Aird	Deestriders	O50M	28:05	100	Adrian Mercer	Pensby Runners	U40M	32:32
29	Neil Kelly	Penny Lane Striders	U40M	28:11	101	John Morris	Buckley	O60M	32:41
30	Phil Bird	Wallasey	O40M	28:16	102	Dave Easthope	Pensby Runners	O50M	32:47
31	Simone Capponi	Penny Lane Striders	U40M	28:19	103	Dave Williams	Wallasey	U30M	32:48
32	Chris Gibbs	Wirral	O40M	28:23	104	Dave McAlister	Wallasey	O50M	32:48
33	Chris Marshall	Ellesmere Port	O40M	28:27	105	Dave Hough	West Cheshire	O60M	32:51
34	Tony Devoy	Wirral	O50M	28:35	106	Nick Alsop	Birkenhead	O40M	32:52
35	Stuart Hill	Sunlight Runners	U40M	28:40	107	Sean Kelly	Chester Tri	O40M	32:59
36	Julian Clarke	West Cheshire	U40M	28:52	108	Mark Roberts	Pensby Runners	O50M	33:02
37	Tony Man	Penny Lane Striders	O40M	28:56	109	Chris Hatton	Helsby	O50M	33:05
38	Phil Cuthbert	Wallasey	U40M	28:57	110	Phil Aldag	Pensby Runners	O50M	33:15
39	Keith McLaughlin	Wallasey	U40M	29:00	111	Mark Povey	West Cheshire	O40M	33:18
40	Dave Quinn	Liverpool Harriers	U40M	29:06	112	Dave Brunton	Mersey Tri	O40M	33:22
41	Dave Boothroyd	Buckley	O40M	29:07	113	Lee Brennan	Sunlight Runners	U40M	33:25
42	Paul Price	West Cheshire	O50M	29:09	114	Les Fleetwood	Ellesmere Port	O50M	33:27
43	John Cole	Ellesmere Port	U40M	29:11	115	Andrew Mitchell	Sunlight Runners	U40M	33:30
44	Martin Hirrell	Penny Lane Striders	O40M	29:14	116	Nigel Pratten	Wirral	O60M	33:31
45	Huw Lewis	Buckley	O50M	29:28	117	Andrew Stansfield	Penny Lane Striders	O40M	33:38
46	Gary Whitfield	Penny Lane Striders	U40M	29:33	118	Luke Wood	Pensby Runners	U40M	33:41
47	Mike Burns	Ellesmere Port	O40M	29:39	119	Michael Kane	Chester Tri	U20M	33:48
48	Gary Thornton-Allen	Pensby Runners	U40M	29:45	120	Craig Northover	Liverpool Harriers	U40M	33:51
49	Frank Martin	Penny Lane Striders	O40M	29:45	121	David Clarke	Tattenhall Runners	O50M	33:55
50	Chris Wilson	Wirral	U20M	29:54	122	Bill Swift	Pensby Runners	O60M	34:01
51	Max Woods	West Cheshire	O40M	29:57	123	Colin Lamprey	Pensby Runners	O40M	34:03
52	Mark Smith	Tattenhall Runners	U40M	29:57	124	Patrick Henley	Liverpool Harriers	O60M	34:10
53	Alan Heath	Deestriders	O40M	30:01	125	Nigel Howard	Pensby Runners	O40M	34:31
54	Alan Bevan	West Cheshire	O40M	30:03	126	Iain Arnison	Pensby Runners	U40M	34:56
55	Michael Whiteside	Tattenhall Runners	O60M	30:05	127	Frank Gower	Wallasey	O50M	35:03
56	Ross Maxwell	Wirral	U20M	30:07	128	Ron Harding	Wallasey	O50M	35:07
57	David Brockway	Wirral	U20M	30:13	129	Dave Brierley	Chester Tri	O50M	35:15
58	Ian McNeill	Penny Lane Striders	O50M	30:17	130	Andrew Carragher	Birkenhead	O50M	35:20
59	Paul Donoghue	Buckley	O40M	30:19	131	Graham Howell	Liverpool Harriers	O60M	35:24
60	Matt Williams	Wallasey	U30M	30:20	132	Rob Mackey	Buckley	O60M	35:29
61	Pete Roberts	Buckley	O60M	30:23	133	Jim Edwards	Birkenhead	O50M	35:36
62	Gordon Reed	Penny Lane Striders	O50M	30:24	134	Eifion Thomas	Pensby Runners	O60M	35:38
63	Nigel Crompton	Pensby Runners	O40M	30:30	135	Ken Hall	Mersey Tri	O40M	35:44
64	Dave Walton	Wallasey	O50M	30:31	136	Jim Fedigan	Pensby Runners	O50M	37:50
65	Patrik Corrigan	Birkenhead	O40M	30:32	137	Roy Fisher	Pensby Runners	O50M	37:59
66	Stan Williams	Wallasey	O60M	30:38	138	Tony Thackery	West Cheshire	O60M	38:20
67	Pat Riley	Wallasey	O40M	30:39	139	Dave Peers	Pensby Runners	O50M	38:29
68	Andrew Blair	Tattenhall Runners	O40M	30:39	140	Anthony Brockway	Wirral	O40M	39:18
69	David Costello	Wirral	O50M	30:39	141	Harry Greenwood	Picton	O60M	39:27
70	Steve Pemberton	Penny Lane Striders	O50M	30:44	142	John Kane	Chester Tri	O50M	39:49
71	Matt Whitfield	Ellesmere Port	O50M	30:51	143	Elywyn Jones	Wallasey	O50M	39:53
72	Hamsin Hadziabdik	Birkenhead	O40M	30:56	144	Geoff Harvey	West Cheshire	O60M	43:42

Ladies Individual Results

1	Laura Murphy	Liverpool Harriers	U20F	27:51	30	Nikki Davis	Wallasey	O50F	35:59
2	Joanna Marsden	Tattenhall Runners	U40F	29:58	31	Sacha Kendall-Woods	West Cheshire	U40F	36:09
3	Michelle Murphy	Liverpool Harriers	O40F	30:05	32	Susan Ellis	Tattenhall Runners	O40F	36:12
4	Ruth Isaacs	Pensby Runners	O40F	31:02	33	Helene Gilmour	Wirral	U40F	36:13
5	Sophie Hunt	Wirral	U20F	31:14	34	Sandra Connell	Picton	O50F	36:22
6	Pam Thurtle	Penny Lane Striders	U40F	31:15	35	Jane Fraser	Wirral	O50F	36:25
7	Alison Smith	Tattenhall Runners	U40F	31:18	36	Karen Dalby	Liverpool Harriers	O40F	36:29
8	Alison Hughes	Ellesmere Port	U40F	31:35	37	Maria Brockway	Wirral	O40F	37:03
9	Jess Schofield	Wirral	U20F	31:50	38	Debbie Hadfield	Picton	O40F	37:15
10	Nicky Bird	Ellesmere Port	U40F	31:57	39	Jackie Keasley	Helsby	O50F	37:20
11	Katie Duckers	Wirral	U20F	32:10	40	Tarja Kinnunen	Penny Lane Striders	O40F	37:31
12	Tricia Jones	Wallasey	O50F	32:27	41	Sue Ridings	Buckley	O50F	37:38
13	Kim McEneany	Wallasey	U30F	32:30	42	Lyn Ebbrell	Wirral	O40F	37:51
14	Sally Holt	Wallasey	U40F	32:36	43	Maureen Bailey	Picton	O40F	38:27
15	Pat Peers	Pensby Runners	O40F	32:53	44	Catherine Jones	Tattenhall Runners	U40F	38:34
16	Andrea Maglean	Chester Tri	O40F	32:58	45	Julie Barbat	Wallasey	O40F	38:38
17	Alison MacDonald	Ellesmere Port	O40F	33:04	46	Kate Lewis	Picton	O40F	38:53
18	Grace Neal	Sunlight Runners	U30F	33:06	47	Lucy Lyons	Picton	U40F	38:54
19	Sharon Lamont	Wallasey	O40F	33:08	48	Betty Grieve	Helsby	O40F	39:00
20	Maureen Muir	Pensby Runners	O50F	34:02	49	Lisa Carney	Wallasey	U40F	39:19
21	Susan Maire	Mersey Tri	O40F	34:06	50	Sue Davies	Pensby Runners	O40F	40:13
22	Roisin Ward	Picton	U30F	34:28	51	Margaret McNeillis	Wallasey	O40F	40:15
23	Kath Stott	Tattenhall Runners	O40F	34:33	52	Ruth Scott	Picton	O40F	40:20
24	Vanessa Griffiths	Helsby	O40F	34:47	53	Janet Shaw	Helsby	O50F	40:32
25	Rachel Patterson	Wirral	U20F	34:49	54	Paula Smith	Wirral	U40F	40:43
26	Caroline Hall	Sunlight Runners	U40F	35:10	55	Jenny Chee	Pensby Runners	O60F	41:40
27	Jill Darby	Penny Lane Striders	O40F	35:12	56	Polly Hadziabdik	Birkenhead	O40F	42:32
28	Alice Spooner	Penny Lane Striders	U40F	35:18	57	Sharon Langton	Picton	O40F	43:29
29	Alison Engle	Wallasey	U40F	35:34	58	Maria Haigh	Birkenhead	O40F	44:49

Mens Team Results

1	Wirral 'A'	(2, 3, 6, 8, 12)	31
2	Wallasey 'A'	(9, 14, 21, 23, 30)	97
3	Ellesmere Port 'A'	(1, 4, 18, 33, 43)	99
4	Wirral 'B'	(13, 16, 25, 26, 32)	112
5	Penny Lane Striders 'A'	(20, 29, 31, 37, 44)	161
6	Chester Tri 'A'	(7, 11, 19, 74, 80)	191
7	West Cheshire 'A'	(10, 36, 42, 51, 54)	193
8	Tattenhall Runners 'A'	(15, 22, 52, 55, 68)	212
9	Wirral 'C'	(34, 50, 56, 57, 69)	266
10	Wallasey 'B'	(38, 39, 60, 64, 66)	267
11	Penny Lane Striders 'B'	(46, 49, 58, 62, 70)	285
12	Buckley 'A'	(41, 45, 59, 61, 101)	307
13	Pensby Runners 'A'	(48, 63, 76, 90, 93)	370
14	Wallasey 'C'	(67, 75, 81, 85, 89)	397
15	Wirral 'D'	(77, 78, 83, 87, 116)	441
16	Birkenhead 'A'	(65, 72, 97, 106, 130)	470
17	Ellesmere Port 'B'	(47, 71, 95, 114, [154])	481
18	Liverpool RC 'A'	(5, 24, [3x154])	491
19	Pensby Runners 'B'	(99, 100, 102, 108, 110)	519
20	Deestriders 'A'	(28, 53, [3x154])	543
21	West Cheshire 'B'	(92, 98, 105, 111, 138)	544
22	Liverpool Harriers 'A'	(40, 120, 124, 131, [154])	569
23	PLS N/S 'A'	(17, 91, [3x154])	570
24	Sunlight Runners 'A'	(35, 113, 115, [2x154])	571
25	Tattenhall Runners 'B'	(73, 79, 121, [2x154])	581
26	Mersey Tri 'A'	(27, 112, 135, [2x154])	582
27	Helsby 'A'	(82, 84, 109, [2x154])	583
28	Chester Tri 'B'	(94, 107, 119, 129, 142)	591
29	Penny Lane Striders 'C'	(86, 88, 117, [2x154])	599
30	Wallasey 'D'	(103, 104, 127, 128, 143)	605
31	Pensby Runners 'C'	(118, 122, 123, 125, 126)	614
32	Pensby Runners 'D'	(134, 136, 137, 139, [154])	700
33	Vale Royal 'A'	(96, [4x154])	712
34	Buckley 'B'	(132, [4x154])	748
35	Birkenhead 'B'	(133, [4x154])	749
36	Wirral 'E'	(140, [4x154])	756
37	Picton 'A'	(141, [4x154])	757
38	West Cheshire 'C'	(144, [4x154])	760

Ladies Team Results

1	Wirral 'A'	(5, 9, 11)	25
2	Tattenhall Runners 'A'	(2, 7, 23)	32
3	Ellesmere Port 'A'	(8, 10, 17)	35
4	Pensby Runners 'A'	(4, 15, 20)	39
5	Wallasey 'A'	(12, 13, 14)	39
6	Liverpool Harriers 'A'	(1, 3, 36)	40
7	Penny Lane Striders 'A'	(6, 27, 28)	61
8	Wallasey 'B'	(19, 29, 30)	78
9	Wirral 'B'	(25, 33, 35)	93
10	Picton 'A'	(22, 34, 38)	94
11	Helsby 'A'	(24, 39, 48)	111
12	Sunlight Runners 'A'	(18, 26, [68])	112
13	Wirral 'C'	(37, 42, 54)	133
14	Picton 'B'	(43, 46, 47)	136
15	Tattenhall Runners 'B'	(32, 44, [68])	144
16	Wallasey 'C'	(45, 49, 51)	145
17	Chester Tri 'A'	(16, [2x68])	152
18	Mersey Tri 'A'	(21, [2x68])	157
19	West Cheshire 'A'	(31, [2x68])	167
20	Pensby Runners 'B'	(50, 55, [68])	173
21	Penny Lane Striders 'B'	(40, [2x68])	176
22	Buckley 'A'	(41, [2x68])	177
23	Picton 'C'	(52, 57, [68])	177
24	Birkenhead 'A'	(56, 58, [68])	182
25	Helsby 'B'	(53, [2x68])	189

Young Athletes Results

Boys					Girls				
Position	Name	Club	Age	Time	Position	Name	Club	Age	Time
1	Nick Jones	Wirral	14	13:51	1	Lauren Brett	Wirral	13	16:32
2	Richard Evans	Wirral	13	15:03	2	Anna Gordon	Wirral	13	17:07
3	Niall Murphy	Mersey Tri	13	16:55	3	Fiona Stewart	Wirral	12	18:23
4	Nathan Schofield	Wirral	13	17:26	4	Sydney Isaacs	Wirral	12	19:35
5	Spencer Roe-Ely	Wirral	13	17:32	5	Megan Evans	Wirral	11	20:36
6	Thomas Robertson	Wirral	13	18:00	6	Emily Atkins	Wirral	14	20:45