

Summer Multi-Terrain League - Race 4 Arrowe Park ~ 4.5 Miles – 27 Sept 2011

Mens Individual Results

1	Adam Peers	Liverpool Harriers	U30M.1	24:23	76	Andrew Blair	Tattenhall Runners	O45M.13	31:12
2	Rob Grantham	Ellesmere Port	U40M.1	25:05	77	Stan Williams	Wallasey	O60M.2	31:16
3	Vincent VanWoerkom	Chester Tri	U40M.2	25:25	78	Billy Hargreaves	Penny Lane Striders	O60M.3	31:18
4	Richard Evans	Wirral	U20M.1	25:33	79	Roy Gaskill	Helsby	O45M.14	31:21
5	Ian Magill	Liverpool RC	O40M.1	25:36	80	Jeff Adams	Pensby Runners	O55M.3	31:24
6	Paul Quine	Liverpool Harriers	O50M.1	25:40	81	Hamsin Hadziabdik	Birkenhead	O40M.14	31:39
7	Daniel Jarvis	Wirral	U20M.2	25:56	82	Adrian Mercer	Pensby Runners	O40M.15	31:42
8	Mark Clair	Liverpool RC	U40M.3	26:02	83	Tom Robertson	Wirral	U20M.10	31:46
9	Greg Jones	Wallasey	U30M.2	26:03	84	Ian Atkinson	Ellesmere Port	O45M.15	31:48
10	Joe Johnson	Birkenhead	O40M.2	26:16	85	Geoff Shaw	Helsby	O55M.4	31:50
11	Ian Cooper	Ellesmere Port	O45M.1	26:18	86	Mike Griffiths	Wallasey	O55M.5	31:52
12	Andrew Clague	West Cheshire	O40M.3	26:22	87	Pete Roberts	Buckley	O60M.4	31:59
13	John Connolly	Penny Lane Striders	O40M.4	26:24	88	Carl Adams	Ellesmere Port	U40M.19	32:08
14	Phil Robertson	Wirral	U20M.3	26:30	89	Simon McAllister	Chester Tri	O45M.16	32:21
15	Connor McArdle	Wallasey	U20M.4	26:39	90	Andy Hamilton	Chester Tri	U40M.20	32:26
16	Stephen Laker	Wirral	U40M.4	26:56	91	Rodney Jones	Tattenhall Runners	O50M.11	32:27
17	Karl Pickstock	Wallasey	U30M.3	27:03	92	Simon Bowden	Tattenhall Runners	U40M.21	32:28
18	Myles Robertson	Wirral	O45M.2	27:05	93	Simon Ward	Birkenhead	O40M.16	32:34
19	Tony Barbat	Wallasey	O50M.2	27:10	94	Andrew Turnbull	Tattenhall Runners	U40M.22	32:37
20	Keith Simpson	Wallasey	O45M.3	27:11	95	Mark Williams	Deestridders	O45M.17	32:43
21	Andrew Edwards	Deestridders	U30M.4	27:19	96	Bob Benson	West Cheshire	O55M.6	32:54
22	Colin Lynch	Totley AC	O40M.5	27:22	97	Trevor Hough	Chester Tri	O50M.12	32:56
23	Colin Palmer	Wallasey	O45M.4	27:24	98	Dave Roberts	Ellesmere Port	O50M.13	32:57
24	Jonathon Mullen	Pensby Runners	U20M.5	27:27	99	Derek McArdle	Wallasey	O45M.18	33:02
25	Graham Jenkins	Chester Tri	O50M.3	27:29	100	Dave Quirk	Pensby Runners	O55M.7	33:03
26	Alistair McNay	Tattenhall Runners	U40M.5	27:31	101	Mark Roberts	Pensby Runners	O55M.8	33:05
27	Brad Warburton	Liverpool RC	U30M.5	27:33	102	Adrian Jackson	Helsby	O40M.17	33:17
28	Andrew Howarth	Chester Tri	U40M.6	27:41	103	Huw Lewis	Buckley	O50M.14	33:19
29	Rob Kelly	Liverpool RC	U30M.6	27:48	104	Ian Davies	Birkenhead	O50M.15	33:20
30	Phil Cuthbert	Wallasey	U40M.7	27:51	105	Graeme Dick	Chester Tri	U40M.23	33:23
31	Jack Atkins	Liverpool RC	U20M.6	27:58	106	Graham Hussey	Penny Lane Striders	O45M.19	33:30
32	Tony Devoy	Wirral	O50M.4	28:02	107	Nigel Pratten	Wirral	O60M.5	33:33
33	Nathan Schofield	Wirral	U20M.7	28:10	108	David Green	Pensby Runners	U40M.24	33:39
34	Russell Kirk	West Cheshire	O50M.5	28:18	109	Ewan Dawick	Penny Lane Striders	O55M.9	33:42
35	Mike Green	Wallasey	U40M.8	28:22	110	Rob Webster	Tattenhall Runners	O50M.16	33:43
36	Ronan Kearney	Wirral	O40M.6	28:25	111	Nigel Howard	Pensby Runners	O45M.20	33:51
37	Conor Flanagan	Wirral	U20M.8	28:46	112	Richard Batterham	West Cheshire	O60M.6	33:57
38	Robert Arden	Tattenhall Runners	U40M.9	28:46	113	Mike Devereux	Penny Lane Striders	O60M.7	34:07
39	Simone Capponi	Penny Lane Striders	U40M.10	28:51	114	Dave Hough	West Cheshire	O60M.8	34:16
40	Dave Quinn	Liverpool Harriers	U40M.11	28:54	115	Phil Taylor	Deestridders	O40M.18	34:20
41	Mark Davies	West Cheshire	U40M.12	29:01	116	Peter Rooney	Deestridders	O45M.21	34:25
42	Ian Landucci	Helsby	O45M.5	29:04	117	Andy Waring	Birkenhead	O55M.10	34:29
43	Hugh Rieley	Sunlight Runners	O45M.6	29:09	118	Mark Povey	West Cheshire	O40M.19	34:33
44	Paul Frodsham	West Cheshire	O50M.6	29:12	119	Andrew Mitchell	Sunlight Runners	U40M.25	34:35
45	Charles Aldersey	Tattenhall Runners	U30M.7	29:13	120	Robert Eaton	Tattenhall Runners	U40M.22	34:35
46	Andy Rogerson	Wallasey	O50M.7	29:19	121	Jim Fedigan	Pensby Runners	O50M.17	34:50
47	John Cole	Ellesmere Port	U40M.13	29:22	122	Paul Thelwell	Wallasey	O55M.11	34:59
48	Matt Williams	Wallasey	U30M.8	29:25	123	Barry Metcalfe	Wallasey	O45M.23	35:17
49	Will Ferguson	Wirral	U30M.9	29:26	124	Bill Swift	Pensby Runners	O60M.9	35:19
50	Martin Hirrell	Penny Lane Striders	O45M.7	29:27	125	Ian Sneddon	Birkenhead	O60M.10	35:24
51	Andrew Keeley	Penny Lane Striders	O45M.8	29:28	126	Mark Woolford	Wallasey	U40M.26	35:33
52	Nick Holt	Wallasey	U40M.14	29:35	127	Keith Boyle	Penny Lane Striders	U40M.27	36:03
53	John Cross	Wirral	O40M.7	29:38	128	Anthony Brockway	Wirral	O50M.18	36:09
54	Max Woods	West Cheshire	O40M.8	29:41	129	Fraser Cox	Pensby Runners	U20M.11	36:12
55	Colin Benson	Wallasey	O45M.9	29:54	130	Paul Bibby	Pensby Runners	O50M.19	36:18
56	Mal Gordon	Penny Lane Striders	U40M.15	29:59	131	Eifion Thomas	Pensby Runners	O60M.11	36:40
57	Nick Wilson	Wirral	O40M.9	30:04	132	Alan Muir	Pensby Runners	O60M.12	36:55
58	Ste McNicholas	Penny Lane Striders	O45M.10	30:13	133	Brian Hastings	West Cheshire	O60M.13	37:06
59	Matt Whitfield	Ellesmere Port	O55M.1	30:21	134	Chris Boardman	Sunlight Runners	O40M.20	37:28
60	Nick Eastwood	Chester Tri	O40M.10	30:25	135	Dave Brierley	Chester Tri	O50M.20	37:34
61	Peter Fraser	Wirral	U30M.10	30:30	136	Steve Roberts	Pensby Runners	O60M.14	37:55
62	Nigel Foster	Pensby Runners	U40M.16	30:31	137	Fred Roberts	Pensby Runners	O55M.12	37:58
63	Pete Weatherhead	Wirral	O60M.1	30:33	138	Ron Harding	Wallasey	O60M.15	38:12
64	Andy Smith	Pensby Runners	O45M.11	30:34	139	John Wright	Pensby Runners	O45M.24	38:18
65	Ian McNeill	Birkenhead	O50M.8	30:37	140	Ken Hall	Pensby Runners	O45M.25	38:22
66	Peter Hampshire	Pensby Runners	U40M.17	30:46	141	Rolf Westrum	Wallasey	O55M.13	38:39
67	Gary Whitfield	Penny Lane Striders	O40M.11	30:49	142	Mike Norris	Deestridders	O45M.26	38:45
68	Neil Caitens	Chester Tri	U40M.18	30:51	143	Mark Smith	Picton	O50M.21	39:10
69	Paul Price	Ellesmere Port	O50M.9	30:51	144	Ian Chalmers	Pensby Runners	O60M.16	39:16
70	Greg Powell	Wirral	O45M.12	30:53	145	James Case-Upton	Wallasey	U30M.11	39:29
71	Paul Aird	Deestridders	O50M.10	31:02	146	Patrick Henley	Liverpool Harriers	O60M.17	40:22
72	Robbie Owen	Wirral	U20M.9	31:03	147	Phil Aldag	Pensby Runners	O60M.18	40:25
73	Paul Porter	Helsby	O40M.12	31:06	148	Norman Seddon	Mersey Tri	O60M.19	42:55
74	Steve Pemberton	Penny Lane Striders	O55M.2	31:07	149	Fred Mottram	Pensby Runners	O60M.20	43:50
75	Mike McMillan	Mersey Tri	O40M.13	31:08	150	Craig Jones	Sunlight Runners	O45M.27	46:52

Ladies Individual Results

1	Lisa Grantham	Wirral	U40F.1	28:30	33	Carolyn Gibson	Wallasey	O40F.11	35:39
2	Sarah Kearney	Wirral	U40F.2	28:49	34	Sacha Kendall-Woods	West Cheshire	O40F.12	35:52
3	Sara Atkinson	Tattenhall Runners	O40F.1	30:09	35	Vicky McConnell	Wallasey	U30F.6	36:00
4	Sarah Jarvis	Liverpool Harriers	U30F.1	30:12	36	Ellie Darby	Penny Lane Striders	U20F.3	36:06
5	Nicky Bird	Ellesmere Port	U40F.3	30:25	37	Lyn Ebbrell	Wirral	O50F.5	36:21
6	Emily Kearney	Wirral	U20F.1	30:32	38	Maria Brockway	Wirral	O40F.13	36:26
7	Maria Conaghan	Penny Lane Striders	U40F.4	30:35	39	Rachael Armstrong	Chester Tri	U30F.7	36:28
8	Michelle Murphy	Liverpool Harriers	O40F.2	30:38	40	Kath Frankland	Tattenhall Runners	O40F.14	36:43
9	Emma Baker	Tattenhall Runners	U40F.5	30:38	41	Karen Dalby	Liverpool Harriers	O40F.15	36:47
10	Laura Murphy	Liverpool Harriers	U30F.2	30:43	42	Sharon Lamont	Wallasey	O40F.16	37:01
11	Kirsty Seddon	Chester Tri	U30F.3	30:44	43	Sharon Basford	Tattenhall Runners	U40F.12	37:09
12	Lauren Brett	Wirral	U20F.2	30:45	44	Ann Ball	Ellesmere Port	O50F.6	37:27
13	Ruth Isaacs	Pensby Runners	O50F.1	30:52	45	Alison Engle	Wallasey	U40F.13	37:41
14	Jan Rogers	Chester Tri	O40F.3	31:01	46	Lisa Carney	Wallasey	U40F.14	37:45
15	Alison Cole	Ellesmere Port	U40F.6	31:10	47	Emer Sneddon	Birkenhead	O40F.17	38:00
16	Stephanie Loach	Pensby Runners	U40F.7	31:26	48	Sharon Eaton	Tattenhall Runners	O40F.18	38:03
17	Kate Litherland	Chester Tri	U40F.8	32:13	49	Julie Barbat	Wallasey	O40F.19	38:10
18	Sarah Jackson	Liverpool Harriers	U40F.9	32:19	50	Rebecca Lindsay	Wirral	U40F.15	38:24
19	Ashleigh Eaton	Tattenhall Runners	U30F.4	32:25	51	Nikki Davis	Wallasey	O50F.7	38:47
20	Clare Murphy	Liverpool Harriers	U30F.5	32:33	52	Tarja Kinnunen	Penny Lane Striders	O40F.20	39:08
21	Pam Thurtle	Penny Lane Striders	U40F.10	32:59	53	Kate Lewis	Picton	O40F.21	39:35
22	Amanda McGonigle	Ellesmere Port	O40F.4	33:18	54	Emily Atkin	Wirral	U20F.4	39:46
23	Wendy Lee	Pensby Runners	O40F.5	33:36	55	Janet Shaw	Helsby	O50F.8	39:52
24	Alison MacDonald	Ellesmere Port	O40F.6	33:56	56	Vanessa Griffiths	Helsby	O40F.22	39:53
25	Carol Shaw	Helsby	O40F.7	33:58	57	Diane McArdle	Wallasey	O50F.9	39:58
26	Vicky Kehoe	Wallasey	U40F.11	34:06	58	Jeanette Grimes	Picton	O50F.10	40:26
27	Caroline Hall	Sunlight Runners	O40F.8	34:41	59	Lisa Jenkins	Ellesmere Port	O40F.23	41:07
28	Sandra Connell	Picton	O50F.2	34:44	60	Lesley Cummings	Pensby Runners	O50F.11	41:18
29	Maureen Muir	Pensby Runners	O50F.3	34:57	61	Sharon Langton	Picton	O50F.12	42:36
30	Jane Fraser	Wirral	O50F.4	35:14	62	Maria Haigh	Birkenhead	O40F.24	42:48
31	Carole Morrison	Birkenhead	O40F.9	35:31	63	Polly Hadziabdik	Birkenhead	O40F.25	45:41
32	Carol Coole	Chester Tri	O40F.10	35:35	64	Jenny Peel	Picton	O60F.1	47:00

Mens Team Results

1	Wirral 'A'	(4, 7, 14, 16, 18)	59
2	Wallasey 'A'	(9, 15, 17, 19, 20)	80
3	Liverpool RC 'A'	(5, 8, 27, 29, 31)	100
4	Wallasey 'B'	(23, 30, 35, 46, 48)	182
5	Chester Tri 'A'	(3, 25, 28, 60, 68)	184
6	West Cheshire 'A'	(12, 34, 41, 44, 54)	185
7	Wirral 'B'	(32, 33, 36, 37, 49)	187
8	Ellesmere Port 'A'	(2, 11, 47, 59, 69)	188
9	Penny Lane Striders 'A'	(13, 39, 50, 51, 56)	209
10	Tattenhall Runners 'A'	(26, 38, 45, 76, 91)	276
11	Pensby Runners 'A'	(24, 62, 64, 66, 80)	296
12	Wirral 'C'	(53, 57, 61, 63, 70)	304
13	Birkenhead 'A'	(10, 65, 81, 93, 104)	353
14	Liverpool Harriers 'A'	(1, 6, 40, 146, [160])	353
15	Wallasey 'C'	(52, 55, 77, 86, 99)	369
16	Helsby 'A'	(42, 73, 79, 85, 102)	381
17	Penny Lane Striders 'B'	(58, 67, 74, 78, 106)	383
18	Deestriders 'A'	(21, 71, 95, 115, 116)	418
19	Pensby Runners 'B'	(82, 100, 101, 108, 111)	502
20	Chester Tri 'B'	(89, 90, 97, 105, 135)	516
21	Wirral 'D'	(72, 83, 107, 128, [160])	550
22	West Cheshire 'B'	(96, 112, 114, 118, 133)	573
23	Tattenhall Runners 'B'	(92, 94, 110, 120, [160])	576
24	Ellesmere Port 'B'	(84, 88, 98, [2x160])	590
25	Sunlight Runners 'A'	(43, 119, 134, 150, [160])	606
26	Pensby Runners 'C'	(121, 124, 129, 130, 131)	635
27	Wallasey 'D'	(122, 123, 126, 138, 141)	650
28	Totley AC 'A'	(22, [4x160])	662
29	Penny Lane Striders 'C'	(109, 113, 127, [2x160])	669
30	Buckley 'A'	(87, 103, [3x160])	670
31	Pensby Runners 'D'	(132, 136, 137, 139, 140)	684
32	Mersey Tri 'A'	(75, 148, [3x160])	703
33	Birkenhead 'B'	(117, 125, [3x160])	722
34	Pensby Runners 'E'	(144, 147, 149, [2x160])	760
35	Deestriders 'B'	(142, [4x160])	782
36	Picton 'A'	(143, [4x160])	783
37	Wallasey 'E'	(145, [4x160])	785

Ladies Team Results

1	Wirral 'A'	(1, 2, 6)	9
2	Liverpool Harriers 'A'	(4, 8, 10)	22
3	Tattenhall Runners 'A'	(3, 9, 19)	31
4	Chester Tri 'A'	(11, 14, 17)	42
5	Ellesmere Port 'A'	(5, 15, 22)	42
6	Pensby Runners 'A'	(13, 16, 23)	52
7	Penny Lane Striders 'A'	(7, 21, 36)	64
8	Liverpool Harriers 'B'	(18, 20, 41)	79
9	Wirral 'B'	(12, 30, 37)	79
10	Wallasey 'A'	(26, 33, 35)	94
11	Ellesmere Port 'B'	(24, 44, 59)	127
12	Tattenhall Runners 'B'	(40, 43, 48)	131
13	Wallasey 'B'	(42, 45, 46)	133
14	Helsby 'A'	(25, 55, 56)	136
15	Picton 'A'	(28, 53, 58)	139
16	Birkenhead 'A'	(31, 47, 62)	140
17	Wirral 'C'	(38, 50, 54)	142
18	Chester Tri 'B'	(32, 39, [74])	145
19	Wallasey 'C'	(49, 51, 57)	157
20	Pensby Runners 'B'	(29, 60, [74])	163
21	Sunlight Runners 'A'	(27, [2x74])	175
22	West Cheshire 'A'	(34, [2x74])	182
23	Picton 'B'	(61, 64, [74])	199
24	Penny Lane Striders 'B'	(52, [2x74])	200
25	Birkenhead 'B'	(63, [2x74])	211

Young Athletes Results

Boys				
Position	Name	Club	Age	Time
1	Will Patterson	Wirral	14	14:22
2	Charlie Quinn	Wirral	14	14:58
3	Guy Reeve	Wirral	14	16:25
4	James Burns	Wirral	13	17:26
5	Jack Langton	Picton	14	21:57
6	Ben Huxford	Picton	14	21:57

Girls				
Position	Name	Club	Age	Time
1	Heather Nuttall	Wirral	14	16:45
2	Aileen Kearney	Wirral	13	17:48
3	Nicola Harris	Wirral	13	18:10
4	Sydney Isaacs	Wirral	14	19:13
5	Millie Powell	Wirral	14	20:22
6	Niamh Murphy	Mersey Tri	12	21:21