Summer Multi-Terrain League - Race 1 Royden Park – 4.7 Miles – 6 Sept 2016

Mens Individual Results

1	Phil Robertson	Wirral	U30M	27:28
2	James Toohey	Liverpool RC	U30M	27:45
3	Karl Steinegger	Ambleside AC	U30M	27:57
4	Stephen Watkin	Penny Lane Striders	U40M	28:35
5	Phil Langan	Wirral	O40M	28:40
6	Jez Brown	Buckley	O40M	28:46
7	Colin Thompson	Helsby	U40M	28:55
8	Peter Bird	Wallasey	U30M	29:15
9	Callum Seymour	Wirral	U20M	29:20
10	Xavier Desse	Wirral	O45M	29:28
11	John Hunt	Wirral	O50M	29:42
12	Greg Jones	Wallasey	U40M	29:57
13	Phil Walton	Wallasey	U40M	29:58
14	Adam Gordon	Helsby	O40M	30:15
15	Kyle Harrison	Liverpool RC	U30M	30:29
16	Ian Magill	Liverpool RC	O45M	30:31
17	Karl Pickstock	Wallasey	U30M	30:33
18	Mark Davies	West Cheshire	U40M	30:40
19	Glen Groves	Liverpool Harriers	O45M	30:42
20	Bryan Stevenson	Wallasey	U40M	30:45
21	Martin Hurst	Wirral	U20M	30:47
22	Jamie Rutherford	Liverpool RC	U30M	30:51
23	Andrew Clague	West Cheshire	O45M	30:52
24	Alan Smithson	Mersey Tri	U40M	31:01
25	Daniel Nuttall	Wirral	U20M	31:04
26	Paul Martin	Mersey Tri	U40M	31:08
27	Graham Wells	West Cheshire	O40M	31:10
28	Johnathon Head	Wirral	U20M	31:12
29	Andy Fielding	Ellesmere Port	U40M	31:25
30	Richard Webster	Wallasey	O50M	31:25
31	Simon Fox	Wirral	O50M	31:31
25	Martin Christian	Kirkby Milers	O45M	31:52
33	Daniel Morgan	Wirral	U40M	31:54
34	Richard Hayes	West Cheshire	O45M	31:57
35	Chris Adamson	Pensby Runners	U40M	31:58
36	Rob Fletcher	Mersey Tri	O40M	32:12
37	Tom Sirett	Ellesmere Port	U30M	32:13
38	Chris Ryan	Mersey Tri	U40M	32:14
39	Simon Rogers	Pensby Runners	O50M	32:18
40	Alex Rigby	Liverpool RC	U30M	32:21
41	Lewis Houghton	Kirkby Milers	U20M	32:22
42	Kelvin Dickinson	Wirral	O45M	32:22
43	Matthew Robinson	Newburgh Nomads	U40M	32:27
44	James Atkinson	Chester Tri	O50M	32:37
45	Kevin Buxton	Wirral	O55M	32:39
46	Neil Johnstone	Pensby Runners	O50M	32:40
47	Sam Cross	Wirral	U20M	32:43
48	Ian Rutherford	Helsby	O40M	32:56
49	Will Ferguson	Wirral	U30M	32:59
50	Tony Wilcox	Kirkby Milers	O50M	33:02
51	Andrew Carter	West Cheshire	O45M	33:03
52	Tony Devoy	Wirral	O55M	33:04
53	Darren Dowdall	Wirral	O45M	33:13
54	Matt Wilson	Wallasey	O40M	33:14
55	Christopher Gallivan	Liverpool RC	O40M	33:21
56	John Cross	Wirral	O45M	33:21
57	Mike Kelly	Wallasey	U40M	33:31
58	Keith Simpson	Wallasey	O50M	33:32
59	Chris Shaw	Buckley	O40M	33:33
60	Ray Clark	Wallasey	U30M	33:34
61	Luke Parker	Knowsley Harriers	U30M	33:34
62	Craig Hoy	Liverpool RC	U30M	33:35
63	Jack Poland	Wallasey	U30M	33:37
64	James Morgan	Chester Tri	U40M	33:38
65	Rob Garth	Penny Lane Striders	U30M	33:39
66	Chris Enright	Mersey Tri	U40M	33:40
67	David Edwards	Kirkby Milers	O50M	33:42
68	Steven Kelly	Liverpool RC	U40M	33:48
69	Alex Norton	Wirral	U20M	33:52
70	Ian Shorrock	Pensby Runners	O40M	33:54
71	Steve Tod	Liverpool Harriers	O45M	33:55
72	Phil Dabner	Wallasey	O45M	33:55
73	Neil Toner	Wirral	O40M	34:01
74	Peter Hampshire	Pensby Runners	O40M	34:01
75	Matthew Whalley	Kirkby Milers	U20M	34:09
76	Alan Sanderson	Liverpool RC	U40M	34:13
77	Sam Tempest	Wirral	U20M	34:18
78	Will Thomas	Chester Tri	U30M	34:18
79	Pete Clark	Wallasey	U40M	34:21
80	James Bellis	Liverpool RC	U30M	34:27
81	Andy Cantwell	Penny Lane Striders	U40M	34:31
82	Chris Gibbs	Wirral	O50M	34:32
83	Kenneth Day	Kirkby Milers	U40M	34:33
84	Andy Pritchard	Buckley	O40M	34:39
85	Phil Cuthbert	Wallasey	O40M	34:42
86	Ian Roche	Mersey Tri	O50M	34:44
87	Joseph Chedgzoy	Kirkby Milers	U30M	34:46
88	James Jenkin	Tattenhall Runners	O55M	34:47
89	Tim Grace	Mersey Tri	O45M	34:55
90	Matt Whitfield	Ellesmere Port	O60M	35:01
91	Nick Wilson	Wirral	O45M	35:05
92	Daniel Hutton	Mersey Tri	U40M	35:08
93	Chris Stephens	Deestriders	O45M	35:11
94	Paul Cubbins	Wallasey	O40M	35:11
95	Gary Wilton	Kirkby Milers	U40M	35:12
96	Harry Das	Wirral	U20M	35:24
97	Daniel McKevitt	Kirkby Milers	U40M	35:26
98	Steve Edwards	Ellesmere Port	U40M	35:30
99	Lee Wasridge	Buckley	O50M	35:32
100	John Jensen	Penny Lane Striders	U40M	35:33
101	David Green	Pensby Runners	U40M	35:35
102	James Warburton	Kirkby Milers	U40M	35:37
103	Conor Donoghue	Buckley	U20M	35:38
104	Mike Waring	Chester Tri	O45M	35:39
105	Lee Walmsley	Kirkby Milers	O40M	35:39
106	David Owens	Liverpool RC	U40M	35:41
107	Phil Bird	Wallasey	O50M	35:46
108	Dave McAlister	Wallasey	O55M	35:47
109	Dominic Roberts	Pensby Runners	U40M	35:47
110	Kevin Smyth	Liverpool RC	U30M	35:54
111	Stephen Norton	Wirral	O50M	35:59
112	Paul Aird	Deestriders	O55M	36:04
113	Ben Sara-Kelly	Wirral	U20M	36:08
114	Ian Wood	Chester Tri	O55M	36:09
115	Andrew Biddle	Penny Lane Striders	O40M	36:11
116	Carl Murphy	Liverpool RC	U40M	36:11
117	Paul Cunningham	Kirkby Milers	U30M	36:20
118	Julian Tegg	West Cheshire	O45M	36:22
119	Jeremie Le-Normand	Mersey Tri	U40M	36:24
120	Huw Lewis	Buckley	O55M	36:27
121	Neil Hogarth	Mersey Tri	O40M	36:28
122	Darren Ryder	Ellesmere Port	O40M	36:29
123	Martin Connell	Wallasey	O45M	36:30
124	Bob Benson	West Cheshire	O60M	36:42
125	Martyn Jous	Mersey Tri	U30M	36:43
126	Gary Parker	Pensby Runners	U30M	36:44
127	Tony Craig	Kirkby Milers	O45M	36:51
128	Mike Stone	Wirral	O55M	36:53
129	Piers Puntan	Overton Harriers & AC	O45M	36:58
130	David Hartley	Ellesmere Port	U40M	36:59
131	Ian Rivers	Kirkby Milers	O45M	37:05
132	Ian Larkins	Mersey Tri	U40M	37:11
133	Nigel Foo	Penny Lane Striders	O45M	37:14
134	Kumar Das	Wirral	O45M	37:16
135	Timothy Charmley	Tattenhall Runners	O50M	37:17
136	David Oldfield	Tattenhall Runners	O55M	37:19
137	Gareth Boyd	Helsby	O40M	37:25
138	David McCulloch	Kirkby Milers	U40M	37:26
139	Paul Donoghue	Buckley	O45M	37:27
140	Marty Hirrell	Penny Lane Striders	O50M	37:30
141	Neil Gibbons	Wirral	O60M	37:36
142	Tom Oakley	Penny Lane Striders	U30M	37:42
143	Michael Frawley	Liverpool RC	U40M	37:56
144	Rodney Jones	Tattenhall Runners	O55M	37:57
145	Oliie hunt	Wallasey	U30M	37:59
146	George McCann	Liverpool RC	O45M	38:01
147	Dave Roberts	Ellesmere Port	O55M	38:02
148	Kevin Gorry	Wallasey	U40M	38:08
149	Andy Waring	Birkenhead	O60M	38:12
150	John Suckley	Pensby Runners	O55M	38:18
151	Simon Ward	Mersey Tri	O45M	38:25
152	Dave Wootton	Buckley	O50M	38:27
153	Patrick Cooney	Ellesmere Port	O55M	38:29
154	Steve Pemberton	Penny Lane Striders	O60M	38:32
155	Jonathon Fisher	Liverpool RC	U40M	38:39
156	Grant Davidson	Mersey Tri	O40M	38:41
157	Terence Turner	Liverpool RC	U40M	38:42
158	Martin Durrant	Tattenhall Runners	O55M	38:43
159	Ste Hayes	Kirkby Milers	O40M	38:46
160	Adam Tysoe	Liverpool RC	U30M	38:51
161	Vince Edwards	Deestriders	O60M	38:56
162	Nigel Waterhouse	Chester Tri	O50M	39:10
163	Stephen Mcconville	Pensby Runners	O50M	39:12
164	Steve Hannam	Wallasey	U40M	39:15

165	Colin Thomson	Birkenhead	O40M	39:17
166	Robert Chalmers	Pensby Runners	U40M	39:20
167	Steven Hesp	Liverpool RC	U40M	39:23
168	Eric Gibson	Pensby Runners	O50M	39:26
169	Stuart Barnard	Mersey Tri	O40M	39:32
170	Mike Lisle	Mersey Tri	O60M	39:34
171	Paul Alexander	Pensby Runners	O55M	39:37
172	Ben Williams	Helsby	U40M	39:39
173	Shane Knott	Penny Lane Striders	U40M	39:41
174	Colin Oxley	Liverpool RC	O60M	39:42
175	Ian Ellis	Mersey Tri	O40M	39:43
176	Mark Redman	Wirral	O55M	39:46
177	Derek McArdle	Wallasey	O50M	39:50
178	Andrew Bates	Penny Lane Striders	U30M	39:51
179	Ciaran Marron	Kirkby Milers	U40M	39:52
180	Paul Holmes	Wirral	U40M	39:52
181	Alan Spencer	Knowsley Harriers	O55M	39:54
182	Charlie Eldred	Tattenhall Runners	O50M	39:57
183	Andrew Glen	Knowsley Harriers	O50M	39:59
184	Neil Jenkins	Chester Tri	O45M	40:04
185	Phil Procter	Ellesmere Port	O45M	40:04
186	Steve Armstrong	Wallasey	O45M	40:07
187	Neil Kelly	Wirral	O55M	40:09
188	Not Recorded	0	0	40:11
189	Mark Richards	Deestriders	O45M	40:18
190	Rob Johnson	Mersey Tri	O50M	40:19
191	Dave Quinn	Liverpool Harriers	O40M	40:22
192	Mike Devereux	Penny Lane Striders	O60M	40:23
193	Dave Madders	Helsby	O40M	40:28
194	Roy Duffy	Helsby	U40M	40:29
195	Tim Igoe	Helsby	U30M	40:29
196	John Bassett	Wallasey	O50M	40:30
197	Ian McNeill	Birkenhead	O55M	40:31
198	Andrew Gilbert	Mersey Tri	U40M	40:34
199	Kenny Worrall	Liverpool RC	O40M	40:39
200	Steve Halliman	Chester Tri	O40M	40:42
201	Phillip Stanley	Mersey Tri	O50M	40:42
202	Paul Cope	Kirkby Milers	U40M	40:46
203	Mike Griffiths	Wallasey	O60M	41:04
204	Kieron Carr	Knowsley Harriers	O45M	41:07
205	Andrew Sale	Mersey Tri	O45M	41:13
206	Tony Kennedy	West Cheshire	O55M	41:16
207	Karl Bunnell	Wallasey	U40M	41:19
208	Paul Rust	Mersey Tri	U40M	41:27
209	Tony Holmes	Liverpool RC	O55M	41:41
210	Chris Ball	Wirral	O45M	41:47
211	Geoff Collins	Helsby	O60M	41:56
212	John Tregoning	Birkenhead	U30M	42:14
213	Paul Gilbertson	Liverpool RC	O40M	42:15
214	Alan Muir	Pensby Runners	O60M	42:33
215	Rob Webster	Tattenhall Runners	O55M	42:41
216	Mark Scott	Liverpool RC	O50M	42:47
217	Michael Sutton	Penny Lane Striders	O40M	42:58
218	Ian Sneddon	Birkenhead	O60M	43:09
219	Dave Taylor	Chester Tri	O60M	43:10
220	Stephen Wiggins	Helsby	U30M	43:18
221	Andy Carragher	Wallasey	O60M	43:24
222	Chris Igoe	Helsby	O50M	43:30
223	Billy Hargreaves	Southport Waterloo	O60M	43:30
224	Brian Fitzhenry	Kirkby Milers	O45M	43:43
225	Jamie Graham	Wallasey	O50M	44:14
226	Jess Bowie	Liverpool RC	O40M	44:26
227	Mark Downie	Wallasey	O40M	44:28
228	Thomas Williams	Tattenhall Runners	O45M	44:37
229	Mark Humpreys	Wallasey	O40M	44:49
230	Martin Hunt	Wallasey	O50M	44:59
231	Paul Lewtey	Deestriders	U40M	45:27
232	Pete Brunt	Wallasey	O50M	45:37
233	Keith Marsden	Wallasey	O55M	46:01
234	Christopher Sullivan	Kirkby Milers	O40M	46:27
235	Gerry Cummins	Tattenhall Runners	O45M	46:51
236	Tony Dickinson	Kirkby Milers	O45M	47:06
237	Dave Fisher	Ellesmere Port	O60M	47:42
238	James Downey	Birkenhead	O50M	47:43
239	Matthew Dingle	Pensby Runners	U30M	47:59
240	Phil O'Rourke	Liverpool RC	O50M	48:32
241	James Stansfield	Penny Lane Striders	U30M	49:16
242	Daniel Cope	Kirkby Milers	U20M	49:32
243	Gerrard Shannon	Liverpool RC	O60M	49:57
244	Harry Greenwood	Picton	O60M	50:10
245	Frankie Smith	Liverpool RC	O45M	50:18
246	Ian Chalmers	Pensby Runners	O60M	50:25
247	Dean Wilson	Liverpool RC	O40M	55:17
248	Andy McEvoy	Knowsley Harriers	O40M	58:01

Ladies Individual Results

1	Alex O'Brien	Liverpool RC	U40F	32:55
2	Lisa Grantham	Pensby Runners	O40F	34:24
3	Sally Holt	Wallasey	O40F	35:34
4	Charlotte Wilson-Dewhurst	Liverpool Harriers	U30F	35:58
5	Fiona Nuttall	Wirral	U30F	36:06
6	Yvonne Ryan	Mersey Tri	U40F	36:21
7	Katie Thompson	Wirral	U20F	36:25
8	Melissa Ronan	Liverpool RC	U30F	36:35
9	Sam Howard	Mersey Tri	U40F	36:37
10	Gillian Verdin	Liverpool RC	U30F	36:40
11	Lauren Morley	Shrewsbury AC	U40F	37:00
12	Helen Wilkinson	Knowsley Harriers	U30F	37:09
13	Ruth Isaacs	Pensby Runners	O50F	37:15
14	Julie Dala	Pensby Runners	O50F	37:37
15	Phoebe Croft	Wirral	U20F	37:41
16	Lucy Partridge	Pensby Runners	U40F	37:48
17	Jo Keeling	Liverpool RC	U30F	37:52
18	Kate Lightfoot	Tattenhall Runners	O40F	38:10
19	Zoe Pearse	Wallasey	U40F	38:19
20	Caroline Hall	Wirral	O40F	38:21
21	Vicky Kehoe	Wallasey	O40F	38:23
22	Mary Rees	Wallasey	O60F	38:44
23	Jess McKinlay	Wallasey	U30F	39:07
24	Danella Ebbrell	Ellesmere Port	O40F	39:22
25	Debbie Rutherford	Pensby Runners	O50F	39:22
26	Elaine Opara	Wallasey	U40F	39:25
27	Charlotte Rawcliffe	Penny Lane Striders	U40F	39:31
28	Helen Johnson	Ellesmere Port	O40F	39:53
29	Helen-Anne Stansfield	Wallasey	U40F	40:01
30	Hannah Das	Wirral	U20F	40:02
31	Lynda Bayley	Pensby Runners	O50F	40:08
32	Jan Rogers	Chester Tri	O50F	40:17
33	Vanessa Griffiths	Helsby	O50F	40:21
34	Jayne Price	Pensby Runners	U30F	40:35
35	Alison MacDonald	Ellesmere Port	O50F	40:45
36	Lisa Mercer	Liverpool RC	U40F	40:47
37	Jennifer Houghton	Kirkby Milers	U40F	40:49
38	Shona Moore	Mersey Tri	U30F	40:52
39	Kate Ryan	Wallasey	O40F	41:05
40	Fiona McGiven	Pensby Runners	U40F	41:12
41	Becky Massey	Deestriders	O40F	41:14
42	Amy Holland	Mersey Tri	U40F	41:35
43	Christine Cammillare	Deestriders	U40F	41:40
44	Hayley Fairclough	Liverpool RC	U40F	41:48
45	Lisa Davies	West Cheshire	O40F	41:51
46	Bailey Ewel	Penny Lane Striders	U30F	41:57
47	Vicky Stewart	Mersey Tri	U40F	42:11
48	Catherine Lucadello	Wallasey	O40F	42:23
49	Debbie Reid	Helsby	O50F	42:24
50	Kate Cooke	Chester Tri	U40F	42:27
51	Jessica Smith	Wallasey	U40F	42:29
52	Sharon Lamont	Wallasey	O50F	42:31
53	Cheryl Pace	Penny Lane Striders	U40F	42:37
54	Lizzy Parker-Mullen	Chester Tri	U30F	43:11
55	Claire Wright	Liverpool RC	O40F	43:16
56	Maureen Muir	Pensby Runners	O60F	43:46
57	Angela Tegg	West Cheshire	O40F	43:49
58	Jennifer O'Sullivan	Kirkby Milers	U30F	43:49
59	Bhav Mistry	Kirkby Milers	O40F	44:01
60	Katherine Holley	Wallasey	U40F	44:41
61	Lisa Carney	Wallasey	U40F	45:07
62	Victoria Ford	Pensby Runners	U30F	45:29
63	Alexandra Royden	Pensby Runners	U30F	45:29
64	Carolyn Dyson	Chester Tri	O60F	45:31
65	Amanda Holman	Kirkby Milers	U30F	45:40
66	Kay Hayes	West Cheshire	U40F	45:52
67	Lucie Michaelson	Penny Lane Striders	U40F	46:05
68	Kate Lewis	Picton	O50F	46:08
69	Joanne Brimage	Wallasey	U30F	46:12
70	Adrienne Hall	Spectrum Striders	O40F	46:14
71	Jay Smith	Liverpool RC	U40F	46:24
72	Catherine Ball	Ellesmere Port	O40F	46:31
73	Rachel Murray	Kirkby Milers	U40F	46:50
74	Alison Engle	Wallasey	O40F	46:59
75	Sue Davies	Pensby Runners	O50F	47:03
76	Hannah Rayfield	Chester Tri	O40F	47:08
77	Jan McArd	Wallasey	O40F	47:14
78	Theresa Larkins	Wallasey	U40F	47:14
79	Rachel Beddows	Ellesmere Port	O40F	47:25
80	Amanda Lancaster	Chester Tri	U40F	47:31
81	Helen Lester	Ellesmere Port	O40F	47:37
82	Karen Dalby	Mersey Tri	O50F	47:39
83	Joanne Cook	Pensby Runners	U40F	47:53
84	Sandra Ellison	Wallasey	O50F	48:05
85	Lisa Davidson	Mersey Tri	O40F	48:14
86	Ann Ball	Ellesmere Port	O50F	48:21
87	Kate Cuthbert	Wallasey	O40F	48:28
88	Louise Shields	Wallasey	U40F	48:39
89	Louise Marsden	Wallasey	U30F	48:51
90	Helen Livesley	Kirkby Milers	O40F	48:54
91	Tracey Carr	Knowsley Harriers	O50F	49:06
92	Lisa Jenkins	Ellesmere Port	O40F	49:12
93	Rebecca Heyes	Penny Lane Striders	U30F	49:19
94	Eunice Nopondo	Penny Lane Striders	O50F	49:34
95	Michaela Kee	Wallasey	O40F	49:37
96	Clare Evans	Kirkby Milers	O40F	49:51
97	Alison Rosenburgh	Chester Tri	U40F	49:55
98	Amena Madden	Liverpool RC	O40F	49:59
99	Nicci Chapmen	Wallasey	U40F	50:17
100	Dawn Hunt	Wallasey	O40F	50:36
101	Kerrie Davie	Liverpool RC	O40F	50:41
102	Hayley McNicholas	Wallasey	U30F	50:46
103	Katie Bellew	Wallasey	O40F	50:48
104	Denise Garrigan	Kirkby Milers	U40F	50:51
105	Sinead Malone	Chester Tri	O40F	50:55
106	Janine Parry	Pensby Runners	O50F	51:39
107	Katrina Ball	Birkenhead	U40F	53:13
108	Brunhild Wilson	Birkenhead	O40F	53:24
109	Nicola Lane	Liverpool RC	O40F	53:24
110	Dawn Fairclough	Liverpool RC	U40F	53:31
111	Kate Render	Wallasey	U40F	53:38
112	Ann Green	Kirkby Milers	O50F	53:38
113	Leanne Hughes	Liverpool RC	O40F	54:24
114	Louise Adlington	Liverpool RC	U40F	54:32
115	Kareen Porschke	Wallasey	O40F	55:00
116	Leanne Rimmer	Kirkby Milers	U40F	55:41
117	Jayne Hardcastle	Kirkby Milers	O40F	56:07
118	Bev Goodson	Deestriders	O40F	56:08
119	Laura Parry	Deestriders	U40F	56:10
120	Lindsey Dixon	Knowsley Harriers	U30F	57:08
121	Caroline Jones	Knowsley Harriers	O40F	57:12
122	Carol Knowles	Liverpool RC	O60F	57:59
123	Lorraine Aldridge	Liverpool RC	O50F	57:59
124	Kim Rockcliffe	Liverpool RC	O50F	59:08
125	Lucie Parkinson	Liverpool RC	U30F	59:09

Mens Team Results

1	Wirral 'A'	(1, 5, 9, 10, 11)	36
2	Wallasey 'A'	(8, 12, 13, 17, 20)	70
3	Liverpool RC 'A'	(2, 15, 16, 22, 40)	95
4	Wirral 'B'	(21, 25, 28, 31, 33)	138
5	West Cheshire 'A'	(18, 23, 27, 34, 51)	153
6	Mersey Tri 'A'	(24, 26, 36, 38, 66)	190
7	Wirral 'C'	(42, 45, 47, 49, 52)	235
8	Wallasey 'B'	(30, 54, 57, 58, 60)	259
9	Pensby Runners 'A'	(35, 39, 46, 70, 74)	264
10	Kirkby Milers 'A'	(32, 41, 50, 67, 75)	265
11	Wirral 'D'	(53, 56, 69, 73, 77)	328
12	Liverpool RC 'B'	(55, 62, 68, 76, 80)	341
13	Buckley 'A'	(6, 59, 84, 99, 103)	351
14	Penny Lane Striders 'A'	(4, 65, 81, 100, 115)	365
15	Ellesmere Port 'A'	(29, 37, 90, 98, 122)	376
16	Helsby 'A'	(7, 14, 48, 137, 172)	378
17	Wallasey 'C'	(63, 72, 79, 85, 94)	393
18	Chester Tri 'A'	(44, 64, 78, 104, 114)	404
19	Kirkby Milers 'B'	(83, 87, 95, 97, 102)	464
20	Wirral 'E'	(82, 91, 96, 111, 113)	493
21	Mersey Tri 'B'	(86, 89, 92, 119, 121)	507
22	Kirkby Milers 'C'	(105, 117, 127, 131, 138)	618
23	Liverpool RC 'C'	(106, 110, 116, 143, 146)	621
24	Wallasey 'D'	(107, 108, 123, 145, 148)	631
25	Pensby Runners 'B'	(101, 109, 126, 150, 163)	649
26	Tattenhall Runners 'A'	(88, 135, 136, 144, 158)	661
27	Mersey Tri 'C'	(125, 132, 151, 156, 169)	733
28	Penny Lane Striders 'B'	(133, 140, 142, 154, 173)	742
29	Wirral 'F'	(128, 134, 141, 176, 180)	759
30	Deestriders 'A'	(93, 112, 161, 189, 231)	786
31	Liverpool Harriers 'A'	(19, 71, 191, [2x258])	797
32	Liverpool RC 'D'	(155, 157, 160, 167, 174)	813
33	Ellesmere Port 'B'	(130, 147, 153, 185, 237)	852
34	Knowsley Harriers 'A'	(61, 181, 183, 204, 248)	877
35	Wallasey 'E'	(164, 177, 186, 196, 203)	926
36	Buckley 'B'	(120, 139, 152, [2x258])	927
37	Mersey Tri 'D'	(170, 175, 190, 198, 201)	934
38	Birkenhead 'A'	(149, 165, 197, 212, 218)	941
39	Pensby Runners 'C'	(166, 168, 171, 214, 239)	958
40	West Cheshire 'B'	(118, 124, 206, [2x258])	964
41	Kirkby Milers 'D'	(159, 179, 202, 224, 234)	998
42	Helsby 'B'	(193, 194, 195, 211, 220)	1013
43	Chester Tri 'B'	(162, 184, 200, 219, [258])	1023
44	Ambleside AC 'A'	(3, [4x258])	1035
45	Liverpool RC 'E'	(199, 209, 213, 216, 226)	1063
46	Newburgh Nomads 'A'	(43, [4x258])	1075
47	Penny Lane Striders 'C'	(178, 192, 217, 241, [258])	1086
48	Wallasey 'F'	(207, 221, 225, 227, 229)	1109
49	Tattenhall Runners 'B'	(182, 215, 228, 235, [258])	1118
50	Overton Harriers & AC 'A'	(129, [4x258])	1161
51	Wirral 'G'	(187, 210, [3x258])	1171
52	Mersey Tri 'E'	(205, 208, [3x258])	1187
53	Wallasey 'G'	(230, 232, 233, [2x258])	1211
54	Liverpool RC 'F'	(240, 243, 245, 247, [258])	1233
55	Kirkby Milers 'E'	(236, 242, [3x258])	1252
56	Helsby 'C'	(222, [4x258])	1254
57	Southport Waterloo 'A'	(223, [4x258])	1255
58	Birkenhead 'B'	(238, [4x258])	1270
59	Picton 'A'	(244, [4x258])	1276
60	Pensby Runners 'D'	(246, [4x258])	1278

Ladies Team Results

1	Liverpool RC 'A'	(1, 8, 10)	19
2	Wirral 'A'	(5, 7, 15)	27
3	Pensby Runners 'A'	(2, 13, 14)	29
4	Wallasey 'A'	(3, 19, 21)	43
5	Mersey Tri 'A'	(6, 9, 38)	53
6	Wallasey 'B'	(22, 23, 26)	71
7	Pensby Runners 'B'	(16, 25, 31)	72
8	Ellesmere Port 'A'	(24, 28, 35)	87
9	Liverpool RC 'B'	(17, 36, 44)	97
10	Wallasey 'C'	(29, 39, 48)	116
11	Penny Lane Striders 'A'	(27, 46, 53)	126
12	Pensby Runners 'C'	(34, 40, 56)	130
13	Chester Tri 'A'	(32, 50, 54)	136
14	Kirkby Milers 'A'	(37, 58, 59)	154
15	Wallasey 'D'	(51, 52, 60)	163
16	West Cheshire 'A'	(45, 57, 66)	168
17	Mersey Tri 'B'	(42, 47, 82)	171
18	Wirral 'B'	(20, 30, [135])	185
19	Pensby Runners 'D'	(62, 63, 75)	200
20	Deestriders 'A'	(41, 43, 118)	202
21	Wallasey 'E'	(61, 69, 74)	204
22	Helsby 'A'	(33, 49, [135])	217
23	Chester Tri 'B'	(64, 76, 80)	220
24	Knowsley Harriers 'A'	(12, 91, 120)	223
25	Liverpool RC 'C'	(55, 71, 98)	224
26	Kirkby Milers 'B'	(65, 73, 90)	228
27	Ellesmere Port 'B'	(72, 79, 81)	232
28	Wallasey 'F'	(77, 78, 84)	239
29	Penny Lane Striders 'B'	(67, 93, 94)	254
30	Wallasey 'G'	(87, 88, 89)	264
31	Liverpool Harriers 'A'	(4, [2x135])	274
32	Shrewsbury AC 'A'	(11, [2x135])	281
33	Tattenhall Runners 'A'	(18, [2x135])	288
34	Wallasey 'H'	(95, 99, 100)	294
35	Kirkby Milers 'C'	(96, 104, 112)	312
36	Ellesmere Port 'C'	(86, 92, [135])	313
37	Wallasey 'I'	(102, 103, 111)	316
38	Liverpool RC 'D'	(101, 109, 110)	320
39	Pensby Runners 'E'	(83, 106, [135])	324
40	Chester Tri 'C'	(97, 105, [135])	337
41	Picton 'A'	(68, [2x135])	338
42	Spectrum Striders 'A'	(70, [2x135])	340
43	Liverpool RC 'E'	(113, 114, 122)	349
44	Birkenhead 'A'	(107, 108, [135])	350
45	Mersey Tri 'C'	(85, [2x135])	355
46	Kirkby Milers 'D'	(116, 117, [135])	368
47	Liverpool RC 'F'	(123, 124, 125)	372
48	Wallasey 'J'	(115, [2x135])	385
49	Deestriders 'B'	(119, [2x135])	389
50	Knowsley Harriers 'B'	(121, [2x135])	391

Young Athletes Results

Boys

Position	Name	Club	Age	Time
1	Louis Johnston	Wirral	13	15:58
2	Jake Quarmby	Wirral	14	16:02
3	Joseph Fountain	Wirral	13	17:28
4	Harry Martin	Wirral	14	17:56
5	Sam Johnston	Mersey Tri	13	17:58
6	Finlay Austin	Wirral	12	17:59
7	Harvey Tegg	West Cheshire	13	18:03
8	Luke Hampshire	Wirral	12	18:30
9	Tom Clarke	Wirral	14	18:42
10	Ethan Brady-Jones	Wirral	12	18:43
11	Jackson Sloan	Wirral	14	18:46
12	Joseph Ryan	Wirral	12	18:55
13	Luke Gibson	Wirral	13	19:25
14	Daniel Johnston	Mersey Tri	13	20:03
15	Aaron Scott	West Cheshire	13	23:39

Girls

Position	Name	Club	Age	Time
1	Anna Crayston	West Cheshire	13	19:06
2	Eve Duret	West Cheshire	14	19:57
3	Tallulah Brady-Jones	Wirral	12	20:05
4	Rachael Hurst	Wirral	13	20:06
5	Scarlet Liddy	Wirral	12	20:09
6	Ella Head	Wirral	14	20:49
7	Charlotte Crompton	Wirral	12	20:50
8	Hollie Jones	West Cheshire	13	22:27