

Summer Multi-Terrain League - Race 4 Arrowe Park ~ 4.5 Miles – 27 Sept 2016

Mens Individual Results

1	Phil Robertson	Wirral	U30M	24:25	83	Simone Capponi	Penny Lane Striders	O40M	30:09
2	James Toohey	Liverpool RC	U30M	24:48	84	David Owens	Liverpool RC	U40M	30:15
3	David Brockway	Wirral	U30M	24:49	85	Chris Gibbs	Wirral	O50M	30:20
4	Rob Grantham	Pensby Runners	O40M	25:27	86	Bob Benson	West Cheshire	O60M	30:22
5	Phil Langan	Wirral	O40M	25:30	87	John Cole	Ellesmere Port	O40M	30:23
6	Jez Brown	Buckley	O40M	25:48	88	Mike Waring	Chester Tri	O45M	30:36
7	Jamie Rutherford	Liverpool RC	U30M	26:03	89	John Parlevliet	West Cheshire	O40M	30:39
8	Xavier Desse	Wirral	O45M	26:05	90	Neil Hogarth	Mersey Tri	O40M	30:44
9	Colin Thompson	Helsby	U40M	26:07	91	Matt Whitfield	Ellesmere Port	O60M	30:46
10	Greg Jones	Wallasey	U40M	26:09	92	Ian Atkinson	Ellesmere Port	O50M	30:47
11	Mark Clair	Knowsley Harriers	U40M	26:15	93	Alan Sanderson	Liverpool RC	U40M	30:49
12	John Hunt	Wirral	O50M	26:18	94	Phil Bird	Wallasey	O50M	30:50
13	Adam Gordon	Helsby	O40M	26:28	95	Lee Ward	Liverpool RC	O40M	30:52
14	Kyle Harrison	Liverpool RC	U30M	26:35	96	Graham Cushion	Liverpool RC	O40M	30:52
15	Ben Lewy	Kirkby Milers	U30M	26:39	97	Tim Grace	Mersey Tri	O45M	30:53
16	Sam Cross	Wirral	U20M	26:44	98	Stephen Norton	Wirral	O50M	30:55
17	Simon Roberts	Buckley	O45M	26:49	99	Andrew Keenan	Mersey Tri	O40M	30:55
18	Neil Finegan	Helsby	O40M	26:50	100	Gary Parker	Pensby Runners	U30M	31:00
19	Martin Hurst	Wirral	U20M	26:51	101	Will Thomas	Chester Tri	U30M	31:06
20	Jonathan Head	Wirral	U20M	26:53	102	Peter Fraser	Wirral	U40M	31:07
21	Bryan Stevenson	Wallasey	U40M	27:06	103	Dominic Roberts	Pensby Runners	U40M	31:12
22	Graham Wells	West Cheshire	O40M	27:09	104	Ste Hayes	Kirkby Milers	O40M	31:13
23	Ian Magill	Liverpool RC	O45M	27:14	105	Ian Shorrock	Pensby Runners	O40M	31:15
24	Rob Pearse	Wallasey	O40M	27:16	106	Matt Cartwright-Terry	Mersey Tri	O40M	31:19
25	Martin Christian	Kirkby Milers	O45M	27:19	107	Dave McAlister	Wallasey	O55M	31:21
26	Glen Groves	Liverpool Harriers	O45M	27:20	108	David McCulloch	Kirkby Milers	U40M	31:23
27	Paul Schumann	Knowsley Harriers	O50M	27:22	109	Martin Connell	Wallasey	O45M	31:25
28	Steven Kelly	Liverpool RC	U40M	27:23	110	Carl Yu	Liverpool RC	O40M	31:25
29	Richard Hayes	West Cheshire	O45M	27:42	111	Simon Ward	Mersey Tri	O45M	31:26
30	Andy Fielding	Ellesmere Port	U40M	27:43	112	Julian Tegg	West Cheshire	O45M	31:30
31	Daniel Morgan	Wirral	U40M	27:44	113	John Suckley	Pensby Runners	O55M	31:31
32	Mike Clayton	Liverpool RC	U40M	27:45	114	John Jensen	Penny Lane Striders	U40M	31:32
33	Richard Webster	Wallasey	O50M	27:45	115	Paul Aird	Deestridders	O55M	31:36
34	Gary English	Liverpool RC	O50M	27:46	116	Paul Donoghue	Buckley	O45M	31:43
35	Simon Fox	Wirral	O50M	27:48	117	James Warburton	Kirkby Milers	U40M	31:44
36	Rob Fletcher	Mersey Tri	O40M	27:51	118	Andrew Glen	Knowsley Harriers	O50M	31:46
37	Alex Rigby	Liverpool RC	U30M	27:52	119	Ciaran Lynch	Pensby Runners	O45M	31:47
38	Lewis Houghton	Kirkby Milers	U20M	28:05	120	Julien Tour	Penny Lane Striders	U40M	31:48
39	Tony Barbat	Wallasey	O55M	28:08	121	Michael Frawley	Liverpool RC	U40M	31:48
40	Andrew Clague	West Cheshire	O45M	28:10	122	Paul Collins	Wirral	O50M	31:49
41	Will Ferguson	Wirral	U30M	28:10	123	John Bassett	Wallasey	O50M	31:50
42	James Atkinson	Chester Tri	O50M	28:13	124	Steve Pemberton	Penny Lane Striders	O60M	31:51
43	Neil Johnstone	Pensby Runners	O50M	28:14	125	Dean Wilson	Liverpool RC	O40M	32:01
44	Ian Rutherford	Helsby	O40M	28:19	126	Kevin Gorry	Wallasey	U40M	32:02
45	Matt Goodwin	Pensby Runners	U40M	28:20	127	Andy Hamilton	Chester Tri	U40M	32:03
46	Andrew Carter	West Cheshire	O45M	28:25	128	Tony Craig	Kirkby Milers	O45M	32:04
47	Ray Clark	Wallasey	U30M	28:26	129	Chris Ball	Wirral	O45M	32:10
48	Jack Poland	Wallasey	U30M	28:29	130	Paul Cunningham	Kirkby Milers	U30M	32:21
49	Matthew Robinson	Newburgh Nomads	U40M	28:30	131	Ian Wood	Chester Tri	O55M	32:26
50	Kevin Charleston	Pensby Runners	U40M	28:31	132	Ian Davies	Birkenhead	O55M	32:28
51	Kevin Buxton	Wirral	O55M	28:32	133	Alan Spencer	Knowsley Harriers	O55M	32:31
52	Tony Wilcox	Kirkby Milers	O50M	28:32	134	Ollie Hunt	Wallasey	U30M	32:42
53	Colin Palmer	Wallasey	O50M	28:34	135	William Merritt	Knowsley Harriers	O50M	32:44
54	Gary Wilton	Kirkby Milers	U40M	28:35	136	Neil Thomas	Chester Tri	O40M	32:50
55	Mike Kelly	Wallasey	U40M	28:40	137	Neil Gibbons	Wirral	O60M	32:53
56	Alex Norton	Wirral	U20M	28:46	138	George Pierce	Liverpool RC	O45M	32:58
57	David Edwards	Kirkby Milers	O50M	28:49	139	Mark Dunn	Deestridders	O40M	32:58
58	Owen Barden	Mersey Tri	O40M	28:54	140	Mike Stone	Wirral	O55M	33:14
59	Ian Roche	Mersey Tri	O50M	28:58	141	Dave Wootton	Buckley	O50M	33:16
60	Steve Tod	Liverpool Harriers	O45M	29:01	142	Dave Quinn	Liverpool Harriers	O40M	33:18
61	Peter Hampshire	Pensby Runners	O40M	29:04	143	Rodney Jones	Tattenhall Runners	O55M	33:19
62	Keith Simpson	Wallasey	O50M	29:06	144	Ciaran Marron	Kirkby Milers	U40M	33:19
63	Paul Bradford	Wallasey	O40M	29:11	145	Derek McArdle	Wallasey	O50M	33:33
64	Chris Stephens	Deestridders	O45M	29:12	146	Paul Holmes	Wirral	U40M	33:43
65	Darren Dowdall	Wirral	O45M	29:13	147	Mark Richards	Deestridders	O45M	33:45
66	Daniel Hutton	Mersey Tri	U40M	29:17	148	Ian McNeill	Birkenhead	O55M	33:46
67	Stephen Harrison	Village Runners	O40M	29:17	149	Kieron Carr	Knowsley Harriers	O45M	33:47
68	Chris Enright	Mersey Tri	U40M	29:24	150	Paul Cope	Kirkby Milers	U40M	33:50
69	Richard Bargh	Wirral	U40M	29:27	151	George McCann	Liverpool RC	O45M	33:51
70	Matthew Whalley	Kirkby Milers	U20M	29:31	152	Dave Madders	Helsby	O40M	33:59
71	Kenneth Day	Kirkby Milers	U40M	29:33	153	Kevin Hall	Wallasey	O45M	34:05
72	Kevin Enright	Liverpool RC	U40M	29:34	154	Martin Durrant	Tattenhall Runners	O55M	34:16
73	Andrew Keeley	Penny Lane Striders	O50M	29:37	155	Mike Miller	Kirkby Milers	O45M	34:17
74	Mark Grittins	Helsby	U40M	29:37	156	Steve Cole	Wallasey	O45M	34:20
75	Richard Hankins	Helsby	O40M	29:40	157	Andrew Bates	Penny Lane Striders	U30M	34:21
76	Chris Shaw	Buckley	O40M	29:41	158	Colin Oxley	Liverpool RC	O60M	34:22
77	Phil Cuthbert	Wallasey	O40M	29:44	159	Andy Cotgrave	Wallasey	O40M	34:24
78	Phil Dabner	Wallasey	O45M	29:46	160	Mike Griffiths	Wallasey	O60M	34:29
79	Andy Pritchard	Buckley	O40M	29:49	161	Steve Halliman	Chester Tri	O40M	34:31
80	Robbie Collins	Liverpool RC	U40M	29:52	162	Neil Jenkins	Chester Tri	O45M	34:35
81	James Bellis	Liverpool RC	U30M	29:58	163	Brian Fitzhenry	Kirkby Milers	O45M	34:49
82	Conor Donoghue	Buckley	U20M	30:07	164	Paul Alexander	Pensby Runners	O55M	34:51

165	Tony Kennedy	West Cheshire	O55M	34:53	193	Tony Fishwick	Kirkby Milers	O45M	37:47
166	Peter Mcaleavey	Pensby Runners	O55M	34:59	194	Mark Povey	West Cheshire	O45M	37:51
167	Tim Igoe	Helsby	U30M	35:09	195	Dave McKinley	Wallasey	U30M	37:53
168	Andrew Boulger	Kirkby Milers	O45M	35:13	196	James Downey	Birkenhead	O50M	38:16
169	Phillip Stanley	Mersey Tri	O50M	35:16	197	Colin Lamprey	Pensby Runners	O55M	38:24
170	Ben Darby	Pensby Runners	U40M	35:20	198	Keith Marsden	Wallasey	O55M	38:31
171	Richard Batterham	West Cheshire	O60M	35:20	199	Tony Holmes	Liverpool RC	O55M	38:42
172	Roy Fisher	Pensby Runners	O60M	35:26	200	Martin Hunt	Wallasey	O50M	38:59
173	Bill Swift	Pensby Runners	O60M	35:32	201	Matthew Dingle	Pensby Runners	U30M	39:13
174	Rob Webster	Tattenhall Runners	O55M	35:35	202	Phil O'Rourke	Liverpool RC	O50M	39:16
175	Paul Gilbertson	Liverpool RC	O40M	35:38	203	Christopher Sullivan	Kirkby Milers	O40M	39:52
176	Paul Rust	Mersey Tri	U40M	35:43	204	Nick Bartlett	Knowsley Harriers	O40M	39:54
177	Ian Sneddon	Birkenhead	O60M	35:45	205	Pete Brunt	Wallasey	O50M	40:09
178	Lance Boseley	Tattenhall Runners	O50M	35:48	206	Anthony Brockway	Wirral	O55M	40:17
179	Steve Hannam	Wallasey	U40M	35:51	207	Gerry Cummins	Tattenhall Runners	O45M	40:44
180	Alan Muir	Pensby Runners	O60M	36:01	208	Frankie Smith	Liverpool RC	O45M	40:47
181	John Morris	Buckley	O60M	36:04	209	Nigel Pratten	Pensby Runners	O60M	41:08
182	Billy Hargreaves	Southport Waterloo	O60M	36:09	210	Gerrard Shannon	Liverpool RC	O60M	41:11
183	Michael Sutton	Penny Lane Striders	O40M	36:28	211	Marcus Reid	Buckley	O50M	41:22
184	Gary Smallman	Kirkby Milers	O40M	36:29	212	Rolf Westrum	Wallasey	O60M	41:28
185	David Connor	Mersey Tri	O40M	36:42	213	Grant Davidson	Mersey Tri	O40M	41:33
186	Chris Igoe	Helsby	O50M	36:47	214	Brian Beattie	West Cheshire	O60M	41:57
187	Stephen Wiggins	Helsby	U30M	37:09	215	Steve Cullington	Kirkby Milers	O60M	43:40
188	Dave Taylor	Chester Tri	O60M	37:11	216	Ian Chalmers	Pensby Runners	O60M	43:55
189	Jess Bowie	Liverpool RC	O40M	37:21	217	Sid Molyneux	Picton	O60M	43:56
190	Andy Carragher	Wallasey	O60M	37:23	218	Nick Flynn	Pensby Runners	U40M	46:11
191	Paul Lewtey	Deestridders	U40M	37:34	219	Andrew McAllister	Kirkby Milers	O40M	54:19
192	Stephen Mcconville	Pensby Runners	O50M	37:38					

Ladies Individual Results

1	Alex O'Brien	Liverpool RC	U40F	28:18	56	Bhav Mistry	Kirkby Milers	O40F	37:52
2	Sarah Kearney	Wirral	O40F	28:57	57	Dawn Fairclough	Liverpool RC	U40F	37:57
3	Lisa Grantham	Pensby Runners	O40F	29:38	58	Lisa Carney	Wallasey	U40F	38:11
4	Nicky Bird	Ellesmere Port	U40F	29:55	59	Claire Wright	Liverpool RC	O40F	38:17
5	Melissa Ronan	Liverpool RC	U30F	29:59	60	Joanne Brimage	Wallasey	U30F	38:29
6	Sally Holt	Wallasey	O40F	30:26	61	Victoria Ford	Pensby Runners	U30F	38:40
7	Alice Robinson	Tattenhall Runners	U30F	30:42	62	Kay Hayes	West Cheshire	U40F	38:41
8	Gillian Verdin	Liverpool RC	U30F	30:45	63	Jay Smith	Liverpool RC	U40F	39:08
9	Yvonne Ryan	Mersey Tri	U40F	30:54	64	Carolyn Dyson	Chester Tri	O60F	39:15
10	Susan Fourie	Chester Tri	O40F	31:11	65	Rachel Murray	Kirkby Milers	U40F	39:18
11	Siobahn Woods	Liverpool RC	U30F	31:17	66	Alison Engle	Wallasey	O40F	39:26
12	Anest Muller	West Cheshire	U40F	31:22	67	Liz Dobson	Helsby	O50F	39:29
13	Ruth Isaacs	Pensby Runners	O50F	31:33	68	Michelle Alty	Wallasey	O40F	39:31
14	Bree Sutcliffe	Chester Tri	O40F	31:39	69	Helen Lester	Ellesmere Port	O40F	39:43
15	Zoe Pearse	Wallasey	U40F	32:12	70	Jan McArd	Wallasey	O40F	39:44
16	Jo Irvine	Pensby Runners	U40F	32:32	71	Amena Madden	Liverpool RC	O40F	39:44
17	Julie Dala	Pensby Runners	O50F	32:37	72	Abigail Willmitt	Liverpool RC	U40F	39:46
18	Lisa Mercer	Liverpool RC	U40F	32:51	73	Amanda Holman	Kirkby Milers	U30F	40:12
19	Vicky Kehoe	Wallasey	O40F	31:57	74	Vicki Collins	Liverpool RC	U40F	40:18
20	Aimee Bartley	Wirral	U40F	33:06	75	Julie Barbat	Wallasey	O50F	40:46
21	Kate Lightfoot	Tattenhall Runners	O40F	33:12	76	Louise Marsden	Wallasey	U30F	40:58
22	Eleanor Robinson	West Cheshire	O40F	33:15	77	Karen Dalby	Mersey Tri	O50F	41:02
23	Wendy Lee	Pensby Runners	O40F	33:17	78	Helen Livesley	Kirkby Milers	O40F	41:27
24	Katinka Mitchell	Village Runners	O40F	33:42	79	Kate Lewis	Picton	O50F	41:32
25	Hazel Berrett	Buckley	O50F	33:52	80	Rebecca Heyes	Penny Lane Striders	U30F	41:41
26	Helen-Anne Stansfield	Wallasey	U40F	33:53	81	Tracey Carr	Knowsley Harriers	O50F	41:46
27	Jess McKinlay	Wallasey	U30F	34:04	82	Kate Cuthbert	Wallasey	O40F	42:10
28	Loma Harper	Mersey Tri	U30F	34:06	83	Jackie Wise	Pensby Runners	O50F	42:11
29	Elaine Opara	Wallasey	U40F	34:09	84	Sandra Ellison	Wallasey	O50F	42:23
30	Helen Symonds	Wallasey	O40F	34:19	85	Kathryn Horsley	Knowsley Harriers	O40F	42:26
31	Danella Ebbrell	Ellesmere Port	O40F	34:23	86	Denise Garrigan	Kirkby Milers	U40F	42:29
32	Jessica Smith	Wallasey	U40F	34:27	87	Kate Render	Wallasey	U40F	42:30
33	Janette Fishwick	Kirkby Milers	O40F	34:30	88	Paula Smith	Wirral	O40F	42:43
34	Jennifer Houghton	Kirkby Milers	U40F	35:10	89	Eunice Nopondo	Penny Lane Striders	O50F	43:09
35	Kate Ryan	Wallasey	O40F	35:19	90	Leanne Rimmer	Kirkby Milers	U40F	43:17
36	Debbie Reid	Helsby	O50F	35:22	91	Nicci Chapmen	Wallasey	U40F	44:33
37	Alison MacDonald	Ellesmere Port	O50F	35:23	92	Sinead Malone	Chester Tri	O40F	44:36
38	Shona Moore	Mersey Tri	U30F	35:24	93	Hayley McNicholas	Wallasey	U30F	44:38
39	Hayley Fairclough	Liverpool RC	U40F	35:59	94	Dawn Hunt	Wallasey	O40F	44:38
40	Bailey Ewel	Penny Lane Striders	U30F	36:02	95	Gail Fairclough	Liverpool RC	O60F	44:59
41	Sandra Connell	Picton	O50F	36:11	96	Sioux Mcgee	Penny Lane Striders	O50F	45:19
42	Fenella Higgins	Buckley	O40F	36:30	97	Katrina Ball	Birkenhead	U40F	46:22
43	Maria Brockway	Wirral	O50F	36:32	98	Brunhild Wilson	Birkenhead	O40F	46:22
44	Emily Astley	Pensby Runners	O40F	36:32	99	Jenny Peel	Mersey Tri	O60F	47:36
45	Becky Massey	Deestridders	O40F	36:34	100	Jayne Hardcastle	Kirkby Milers	O40F	47:47
46	Sharon Lamont	Wallasey	O50F	36:35	101	Louise Adlington	Liverpool RC	U40F	47:59
47	Kate Cooke	Chester Tri	U40F	36:36	102	Jane Lawrenson	Liverpool RC	O50F	48:09
48	Christine Cammillare	Deestridders	U40F	36:43	103	Hannah Rayfield	Chester Tri	O40F	48:19
49	Beth Sale	Liverpool Harriers	U20F	36:54	104	Lisa Davidson	Mersey Tri	O40F	48:21
50	Angela Tegg	West Cheshire	O40F	36:58	105	Laura Parry	Deestridders	U40F	49:18
51	Maureen Muir	Pensby Runners	O60F	37:02	106	Jan Fisher	Liverpool RC	O50F	50:26
52	Mary Rees	Wallasey	O60F	37:18	107	Kim Rockcliffe	Liverpool RC	O50F	50:26
53	Jennifer O'Sullivan	Kirkby Milers	U30F	37:41	108	Carol Knowles	Liverpool RC	O60F	50:27
54	Katherine Holley	Wallasey	U40F	37:44	109	Bev Goodson	Deestridders	O40F	50:46
55	Adrienne Hall	Spectrum Striders	O40F	37:49	110	Ann Green	Kirkby Milers	O50F	53:52

Mens Team Results

1	Wirral 'A'	(1, 3, 5, 8, 12)	29
2	Liverpool RC 'A'	(2, 7, 14, 23, 28)	74
3	Wirral 'B'	(16, 19, 20, 31, 35)	121
4	Wallasey 'A'	(10, 21, 24, 33, 39)	127
5	Helsby 'A'	(9, 13, 18, 44, 74)	158
6	Kirkby Milers 'A'	(15, 25, 38, 52, 54)	184
7	Pensby Runners 'A'	(4, 43, 45, 50, 61)	203
8	West Cheshire 'A'	(22, 29, 40, 46, 86)	223
9	Liverpool RC 'B'	(32, 34, 37, 72, 80)	255
10	Buckley 'A'	(6, 17, 76, 79, 82)	260
11	Wallasey 'B'	(47, 48, 53, 55, 62)	265
12	Wirral 'C'	(41, 51, 56, 65, 69)	282
13	Mersey Tri 'A'	(36, 58, 59, 66, 68)	287
14	Kirkby Milers 'B'	(57, 70, 71, 104, 108)	410
15	Wallasey 'C'	(63, 77, 78, 94, 107)	419
16	Knowsley Harriers 'A'	(11, 27, 118, 133, 135)	424
17	Liverpool RC 'C'	(81, 84, 93, 95, 96)	449
18	Chester Tri 'A'	(42, 88, 101, 127, 131)	489
19	Mersey Tri 'B'	(90, 97, 99, 106, 111)	503
20	Penny Lane Striders 'A'	(73, 83, 114, 120, 124)	514
21	Ellesmere Port 'A'	(30, 87, 91, 92, [229])	529
22	Wirral 'D'	(85, 98, 102, 122, 129)	536
23	Pensby Runners 'B'	(100, 103, 105, 113, 119)	540
24	Wallasey 'D'	(109, 123, 126, 134, 145)	637
25	Liverpool RC 'D'	(110, 121, 125, 138, 151)	645
26	Deestridders 'A'	(64, 115, 139, 147, 191)	656
27	Kirkby Milers 'C'	(117, 128, 130, 144, 150)	669
28	Liverpool Harriers 'A'	(26, 60, 142, [2x229])	686
29	West Cheshire 'B'	(89, 112, 165, 171, 194)	731
30	Helsby 'B'	(75, 152, 167, 186, 187)	767
31	Wallasey 'E'	(153, 156, 159, 160, 179)	807
32	Pensby Runners 'C'	(164, 166, 170, 172, 173)	845
33	Tattenhall Runners 'A'	(143, 154, 174, 178, 207)	856
34	Wirral 'E'	(137, 140, 146, 206, [229])	858
35	Kirkby Milers 'D'	(155, 163, 168, 184, 193)	863
36	Chester Tri 'B'	(136, 161, 162, 188, [229])	876
37	Buckley 'B'	(116, 141, 181, 211, [229])	878
38	Birkenhead 'A'	(132, 148, 177, 196, [229])	882
39	Liverpool RC 'E'	(158, 175, 189, 199, 202)	923
40	Newburgh Nomads 'A'	(49, [4x229])	965
41	Mersey Tri 'C'	(169, 176, 185, 213, [229])	972
42	Pensby Runners 'D'	(180, 192, 197, 201, 209)	979
43	Village Runners 'A'	(67, [4x229])	983
44	Wallasey 'F'	(190, 195, 198, 200, 205)	988
45	Penny Lane Striders 'B'	(157, 183, [3x229])	1027
46	Knowsley Harriers 'B'	(149, 204, [3x229])	1040
47	Kirkby Milers 'E'	(203, 215, 219, [2x229])	1095
48	Southport Waterloo 'A'	(182, [4x229])	1098
49	Liverpool RC 'F'	(208, 210, [3x229])	1105
50	Pensby Runners 'E'	(216, 218, [3x229])	1121
51	Wallasey 'G'	(212, [4x229])	1128
52	West Cheshire 'C'	(214, [4x229])	1130
53	Picton 'A'	(217, [4x229])	1133

Ladies Team Results

1	Liverpool RC 'A'	(1, 5, 8)	14
2	Pensby Runners 'A'	(3, 13, 16)	32
3	Wallasey 'A'	(6, 15, 19)	40
4	Wirral 'A'	(2, 20, 43)	65
5	Liverpool RC 'B'	(11, 18, 39)	68
6	Chester Tri 'A'	(10, 14, 47)	71
7	Ellesmere Port 'A'	(4, 31, 37)	72
8	Mersey Tri 'A'	(9, 28, 38)	75
9	Wallasey 'B'	(26, 27, 29)	82
10	Pensby Runners 'B'	(17, 23, 44)	84
11	West Cheshire 'A'	(12, 22, 50)	84
12	Wallasey 'C'	(30, 32, 35)	97
13	Kirkby Milers 'A'	(33, 34, 53)	120
14	Tattenhall Runners 'A'	(7, 21, [120])	148
15	Wallasey 'D'	(46, 52, 54)	152
16	Liverpool RC 'C'	(57, 59, 63)	179
17	Wallasey 'E'	(58, 60, 66)	184
18	Buckley 'A'	(25, 42, [120])	187
19	Kirkby Milers 'B'	(56, 65, 73)	194
20	Kirkby Milers 'B'	(56, 65, 73)	194
21	Deestridders 'A'	(45, 48, 105)	198
22	Penny Lane Striders 'A'	(40, 80, 89)	209
23	Wallasey 'F'	(68, 70, 75)	213
24	Liverpool RC 'D'	(71, 72, 74)	217
25	Helsby 'A'	(36, 67, [120])	223
26	Picton 'A'	(41, 79, [120])	240
27	Wallasey 'G'	(76, 82, 84)	242
28	Kirkby Milers 'C'	(78, 86, 90)	254
29	Chester Tri 'B'	(64, 92, 103)	259
30	Village Runners 'A'	(24, [2x120])	264
31	Wallasey 'H'	(87, 91, 93)	271
32	Mersey Tri 'B'	(77, 99, 104)	280
33	Knowsley Harriers 'A'	(81, 85, [120])	286
34	Liverpool Harriers 'A'	(49, [2x120])	289
35	Spectrum Striders 'A'	(55, [2x120])	295
36	Liverpool RC 'E'	(95, 101, 102)	298
37	West Cheshire 'B'	(62, [2x120])	302
38	Ellesmere Port 'B'	(69, [2x120])	309
39	Birkenhead 'A'	(97, 98, [120])	315
40	Liverpool RC 'F'	(106, 107, 108)	321
41	Wirral 'B'	(88, [2x120])	328
42	Kirkby Milers 'D'	(100, 110, [120])	330
43	Wallasey 'I'	(94, [2x120])	334
44	Penny Lane Striders 'B'	(96, [2x120])	336
45	Deestridders 'B'	(109, [2x120])	349

Young Athletes Results

Boys

Position	Name	Club	Age	Time
1	Louis Johnston	Wirral	13	14:05
2	Jake Quarmby	Wirral	14	14:08
3	Joseph Fountain	Wirral	13	14:58
4	Flynn Jones	Caldy	13	15:12
5	Harvey Tegg	West Cheshire	13	15:29
6	Luke Hampshire	Wirral	12	15:37
7	Sam Johnston	Mersey Tri	13	15:53
8	Luke Gibson	Wirral	13	16:46
9	Joseph Ryan	Wirral	12	16:52
10	Daniel Johnston	Mersey Tri	13	18:14
11	Daniel Cope	Kirkby Milers	14	18:19
12	Aaron Scott	West Cheshire	13	18:20

Girls

Position	Name	Club	Age	Time
1	Ellen-Mary Kearney	Wirral	12	15:43
2	Ella Head	Wirral	14	16:47
3	Anna Crayston	West Cheshire	13	16:51
4	Eve Duret	West Cheshire	14	17:28
5	Rachael Hurst	Wirral	13	18:07
6	Charlotte Crompton	Wirral	12	18:36
7	Hollie Jones	West Cheshire	13	19:14
8	Molly Jones	West Cheshire	14	20:58