

North West XC – Race 5 – Town Park – 12 January 2014 – 4.8M

Mens Results

1	James McNally	Liverpool Harriers	SM	73	Andy Webster_Jnr	Knowsley Harriers	SM
2	James Toohey	Liverpool RC	SM	74	Tim Grace	Mersey Tri	V40
3	Martin Swensson	Penny Lane Striders	SM	75	Gareth Boyd	Helsby	V40
4	Jonny Mellor	Liverpool Harriers	SM	76	Graham Taylor	Knowsley Harriers	SM
5	Alan Ashton	Liverpool Harriers	V40	77	Lee Ward	Liverpool RC	V40
6	Lee Midghall	Liverpool Harriers	SM	78	Mike Burns	Ellesmere Port RC	V40
7	James Ashworth	Skemersdale Boundary Harriers	SM	79	Andy Garnett	Spectrum Striders	V50
8	Paul Quine	Liverpool Harriers	V50	80	Dave Nalder	Ellesmere Port RC	V60
9	Ian Palin	Liverpool RC	V40	81	Andrew Blair	Ellesmere Port RC	V50
10	Colin Bishop	Helsby	V50	82	Jonathon Fisher	Liverpool RC	SM
11	Robert Kelly	Knowsley Harriers	SM	83	Mike Connor	Knowsley Harriers	V50
12	Lawrence Eccles	Penny Lane Striders	SM	84	Tom Dejong	Helsby	SM
13	Chris Millington	Spectrum Striders	V40	85	Lee Hughes	Lymm Runners	SM
14	Neil Cosgrove	Knowsley Harriers	SM	86	Steve Riley	Helsby	V40
15	Jack Atkins	Knowsley Harriers	SM	87	Kieran Walshe	Lymm Runners	V40
16	Daniele Trinca	Mersey Tri	SM	88	Jon Cole	Ellesmere Port RC	SM
17	Colin Thompson	Helsby	SM	89	Tony Man	Penny Lane Striders	V40
18	Steve Thompson	Warrington Road Runners	SM	90	Peter Geoghegan	Ellesmere Port RC	V40
19	Karl Steinegger	Spectrum Striders	SM	91	Julian Tegg	Ellesmere Port RC	V40
20	Matthew Hughes	Liverpool Harriers	SM	92	Paul Cheetham	Skemersdale Boundary Harriers	V40
21	Steven Nijs	Knowsley Harriers	V40	93	David Feakes	Helsby	V50
22	Neil Bullock	Penny Lane Striders	SM	94	Steve Wall	Liverpool RC	SM
23	Rob Williams	Knowsley Harriers	SM	95	Tim Lewis	Spectrum Striders	V40
24	Neil Kelly	Penny Lane Striders	V40	96	Kenny Forster	Spectrum Striders	V50
25	David Edwards	Knowsley Harriers	V50	97	Michael Mckinley	Liverpool RC	SM
26	Gareth Howell	Liverpool Harriers	SM	98	Tom Pritchard	Knowsley Harriers	
27	John McMaster	Skemersdale Boundary Harriers	SM	99	Paul Cope	Knowsley Harriers	SM
28	Dale Higham	Penny Lane Striders	SM	100	Matt Whitfield	Ellesmere Port RC	V50
29	Marc Jacques	Knowsley Harriers	V40	101	Tim Warn	Penny Lane Striders	V60
30	Paul Martin	Mersey Tri	SM	102	Wally Coppelov	Newburgh Nomads	V50
31	Dean Wilson	Liverpool RC	SM	103	David Green	Pensby Runners	SM
32	Kevin Brown	Knowsley Harriers	V40	104	Rob McHarry	Spectrum Striders	V50
33	Andy Huxley	Skemersdale Boundary Harriers	V40	105	Andy Dalton	Skemersdale Boundary Harriers	V50
34	Chris Fitzpatrick	Helsby	SM	106	Michael O'Rourke	Penny Lane Striders	SM
35	Jonathan Smith	Lymm Runners	SM	107	Brad Ehlen	Spectrum Striders	SM
36	Anthony Wilcox	Knowsley Harriers	V50	108	Steve Saunders	Birkenhead	V40
37	Derek Morris	Helsby	SM	109	Tommy Burke	Penny Lane Striders	V60
38	Anthony Burke	Lymm Runners	V40	110	Kenny Worrall	Liverpool RC	V40
39	Patrick Boyle	Liverpool RC	SM	111	Geff Hetherington	Knowsley Harriers	SM
40	Chris Baynham-Hughes	Helsby	SM	112	Martin Hirrell	Penny Lane Striders	V40
41	Mike Waring	Chester Tri	V40	113	Andy Smith	Helsby	V50
42	John McManniman	Liverpool RC	SM	114	Elliott Mauels	Liverpool RC	SM
43	Gary English	Liverpool RC	V50	115	Colin Oxley	Liverpool RC	V60
44	Ian Roche	Mersey Tri	V50	116	Shaun Corkhill	Knowsley Harriers	
45	Graham Earlam	Ellesmere Port RC	V50	117	Gordon Scholefield	Pensby Runners	V60
46	Geoff Rudd	Liverpool RC	V50	118	Mark Glaister	Skemersdale Boundary Harriers	V50
47	Gary Thornton-Allen	Pensby Runners	SM	119	Adrian Jackson	Helsby	V40
48	Nigel Grant	Penny Lane Striders	V50	120	Neil Goulding	Skemersdale Boundary Harriers	V40
49	James Warburton	Knowsley Harriers	SM	121	Martin Catterall	Warrington Road Runners	SM
50	Karl Tuzio	Newburgh Nomads	V40	122	Steve Pemberton	Penny Lane Striders	V50
51	Jim Dawson	Warrington Road Runners	V50	123	Brian Kennedy	Newburgh Nomads	V60
52	Kevin Walker	Skemersdale Boundary Harriers	SM	124	Tony Dickinson	Knowsley Harriers	V40
53	Tony Jackson	Newburgh Nomads	V50	125	Joe McGlynn	Penny Lane Striders	V50
54	Mark Benson	Knowsley Harriers		126	Mick Charman	Spectrum Striders	V60
55	Lyndon Easthope	Penny Lane Striders	SM	127	Ian Broadhurst	Knowsley Harriers	V40
56	Patrik Corrigan	Birkenhead	V50	128	Dave Thompson	Spectrum Striders	V50
57	Colin Dobbs	Penny Lane Striders	SM	129	Richard Green	Pensby Runners	V40
58	Mitch Hawkins	Penny Lane Striders	SM	130	Kevin Shannon	Liverpool RC	V40
59	Julian Spencer	Spectrum Striders	V50	131	Rod Jones	Liverpool RC	V50
60	Christopher Lee	Penny Lane Striders	SM	132	Anil Bose	Skemersdale Boundary Harriers	V50
61	George Pierce	Liverpool RC	V40	133	Richard MacIlwaine	Spectrum Striders	V50
62	Robbie Burke	Liverpool RC	V40	134	Tony Fishwick	Knowsley Harriers	
Guest	Bob Freeman	West Cheshire AC	V50	135	Stan Cottier	Liverpool RC	V60
63	Roy Gaskill	Helsby	V40	136	Phil O'Rourke	Liverpool RC	V50
64	Michael Gall	Knowsley Harriers	SM	137	Neville Griffiths	Spectrum Striders	V60
65	Simon Birtles	Penny Lane Striders	V40	138	Tommy Gates	Penny Lane Striders	V50
66	Robert Bruchez-Corbett	Penny Lane Striders	SM	139	Jamie Bradbury	Lymm Runners	SM
67	Jerome Doyle	Penny Lane Striders	V40	140	Brian Forth	Warrington Road Runners	V40
68	Daryl Mullen	Newburgh Nomads	V40	141	Dave Kirk	Liverpool RC	V50
69	Andrew Glen	Knowsley Harriers	V50	142	Dave Clarkson	Penny Lane Striders	V60
70	Paul Skipper	Mersey Tri	SM	143	Thomas Sellers	Lymm Runners	SM
71	Steve Green	Liverpool RC	SM	144	Tony Riley	Liverpool RC	SM
72	Ian Russell	Penny Lane Striders	V40				

Ladies Results

1	Racheal Burns	Liverpool Harriers	SL	37	Carole Quirk	Skemersdale Boundary Harriers	FV50
2	Jayne Joy	Helsby	SL	38	Germaine Holmes	Lymm Runners	FV40
3	Claire Andrew	Spectrum Striders	FV35	39	Clare-Louise Miller	Helsby	SL
4	Alex O'Brian	Liverpool RC	SL	40	Debbie Read	Spectrum Striders	FV50
5	Catherin Howard	Knowsley Harriers	SL	41	Kathryn-Adele Sharkey	Penny Lane Striders	SL
6	Yvonne Wyke	Parbold Pink Panthers	FV40	42	Shelagh Hemming	Lymm Runners	FV40
7	Natalie Palin	Liverpool RC	FV35	43	Lesley Feakes	Helsby	FV40
8	Honor Thompson	Skemersdale Boundary Harriers	FV35	44	Anne Gregory	Warrington Road Runners	FV40
9	Luisa Candioli	Spectrum Striders	SL	45	Savannah Morgan	Knowsley Harriers	SL
10	Sharon Samson	Knowsley Harriers	SL	46	Louise Warn	Penny Lane Striders	SL
11	Jenny Illidge	Helsby	SL	47	Chelsea Arrowsmith	Knowsley Harriers	SL
12	Cristina Puccini	Penny Lane Striders	FV40	48	Nicky Johnson	Parbold Pink Panthers	FV35
13	Paula Gatterell	Parbold Pink Panthers	FV40	49	Ceri Baker	Pensby Runners	FV50
14	Alison Draper	Spectrum Striders	SL	50	Clare O'Callaghan	Penny Lane Striders	SL
15	Sharon James	Liverpool RC	FV40	51	Helen Lester	Ellesmere Port RC	FV40
16	Kate MacFarlane	Penny Lane Striders	SL	52	Mandy Lee	Knowsley Harriers	
17	Tarja Barnes	Warrington Road Runners	FV40	53	Adele Aspinall	Liverpool RC	SL
18	Karon Forster	Spectrum Striders	FV50	54	Clare Kilgallon	Widnes Wasps	FV40
19	Jane Ashbrook	Helsby	FV35	55	Sally Adams	Parbold Pink Panthers	FV40
20	Kate-Barbara McGing	Penny Lane Striders	SL	56	Chrissy Stewart	Liverpool RC	FV40
21	Pam Thurtle	Penny Lane Striders	FV35	57	Jane Woodburn	Skemersdale Boundary Harriers	FV40
22	Victoria-Jayne Walls	Spectrum Striders	SL	58	Heather Spencer	Spectrum Striders	FV35
23	Helen Alexander	Mersey Tri	SL	59	Jane Woodward	Liverpool RC	FV40
24	Gill Darby	Penny Lane Striders	FV50	60	Sue Buck	Spectrum Striders	FV40
25	April Morgan	Knowsley Harriers	FV40	61	Rachel Burke	Liverpool RC	SL
26	Michelle King	Penny Lane Striders	SL	62	Cheryl Chaney	Widnes Wasps	SL
27	Abigail Willmitt	Liverpool RC	SL	63	Emma Buckley	Widnes Wasps	SL
28	Bridget Collier	Parbold Pink Panthers	FV40	64	Helen Michael	Mersey Tri	FV35
29	Alison Cole	Ellesmere Port RC	FV35	65	Jane Downing	Spectrum Striders	SL
30	Rachel Arnold	Helsby	FV50	66	Carolyn Houghton	Penny Lane Striders	FV40
31	Lindsay Rimmer	Liverpool RC	SL	67	Katy O'Connor	Lymm Runners	FV50
32	Helen Johnson	Ellesmere Port RC	FV40	68	Julie Moses	Widnes Wasps	FV40
33	Amy Norfolk	Liverpool RC	SL	69	Clare Lowery	Widnes Wasps	FV50
34	Fleur Evans	Warrington Road Runners	FV40	70	Rachel Rick	Penny Lane Striders	FV50
35	Alison MacDonald	Ellesmere Port RC	FV40	71	Tracey Bond	Liverpool RC	FV40
36	Fiona Johnson	Parbold Pink Panthers	FV40	72	Gemma Adamson	Widnes Wasps	SL

Team Results

Mens 'A' Teams (6 Runners)

Pos	Team	Score	Points
1	Liverpool Harriers 'A'	44	13
2	Knowsley Harriers 'A'	109	12
3	Penny Lane Striders 'A'	137	11
4	Helsby, Lymm & Warrington 'A'	151	10
5	Liverpool RC 'A'	166	9
6	Skem & Parbold 'A'	316	8
7	Spectrum Striders 'A'	361	7
8	Ellesmere Port RC 'A'	462	6
9	Birkenhead & Pensby 'A'	560	5
10	Mersey Tri 'A'	388 (Only 5 Ran)	4
11	Newburgh Nomads 'A'	550 (Only 5 Ran)	3
12	Chester Tri 'A'	811 (Only 1 Ran)	2
13	Widnes Wasps 'A'	No Team	0

Mens 'B' Teams (6 Runners)

Pos	Team	Score	Points
1	Knowsley Harriers 'B'	264	13
2	Helsby, Lymm & Warrington 'B'	351	12
3	Penny Lane Striders 'B'	361	11
4	Liverpool RC 'B'	399	10
5	Spectrum Striders 'B'	735	9
6	Skem & Parbold 'B'	832 (Only 3 Ran)	8
7	Ellesmere Port RC 'B'	807 (Only 2 Ran)	7
8	Liverpool Harriers 'B'	796 (Only 1 Ran)	6
9=	Mersey Tri 'B'	No Team	0
9=	Birkenhead & Pensby 'B'	No Team	0
9=	Newburgh Nomads 'B'	No Team	0
9=	Chester Tri 'B'	No Team	0
9=	Widnes Wasps 'B'	No Team	0

Ladies 'A' Teams (3 Runners)

Pos	Team	Score	Points
1=	Liverpool RC 'A'	26	13
1=	Spectrum Striders 'A'	26	13
3	Skem & Parbold 'A'	27	11
4	Helsby, Lymm & Warrington 'A'	30	10
5	Knowsley Harriers 'A'	40	9
6	Penny Lane Striders 'A'	48	8
7	Ellesmere Port RC 'A'	96	7
8	Widnes Wasps 'A'	179	6
9	Mersey Tri 'A'	169 (Only 2 Ran)	5
10	Liverpool Harriers 'A'	165 (Only 1 Ran)	4
11	Birkenhead & Pensby 'A'	213 (Only 1 Ran)	3
12=	Chester Tri 'A'	No Team	0
12=	Newburgh Nomads 'A'	No Team	0

Ladies 'B' Teams (3 Runners)

Pos	Team	Score	Points
1	Penny Lane Striders 'B'	71	13
2	Spectrum Striders 'B'	80	12
3	Helsby, Lymm & Warrington 'B'	83	11
4	Liverpool RC 'B'	91	10
5	Skem & Parbold 'B'	101	9
6	Knowsley Harriers 'B'	144	8
7	Widnes Wasps 'B'	209	7
8	Ellesmere Port RC 'B'	215 (Only 1 Ran)	6
9=	Birkenhead & Pensby 'B'	No Team	0
9=	Newburgh Nomads 'B'	No Team	0
9=	Chester Tri 'B'	No Team	0
9=	Mersey Tri 'B'	No Team	0
9=	Liverpool Harriers 'B'	No Team	0

Combined Team Results (7 men + 3 Women)

Pos	Team	Score	Points
1	Knowsley Harriers 'A'	196	13
2	Helsby, Lymm & Warrington 'A'	216	12
3	Liverpool RC 'A'	234	11
4	Penny Lane Striders 'A'	252	10
5	Skem & Parbold 'A'	472	9
6	Spectrum Striders 'A'	497	8
7=	Birkenhead & Pensby 'A'	INC	0
7=	Mersey Tri 'A'	INC	0
7=	Newburgh Nomads 'A'	INC	0
7=	Chester Tri 'A'	INC	0
7=	Widnes Wasps 'A'	INC	0
7=	Ellesmere Port RC 'A'	INC	0
7=	Liverpool Harriers 'A'	INC	0

NOTE

'B' Team and Combined Team Results for information only.

CURRENT POSITIONS

Mens 'A' Teams (6 Runners)

Pos	Team	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Knowsley Harriers 'A'	13	13	13	12	12	63
2	Penny Lane Striders 'A'	9	10	12	13	11	55
3	Liverpool RC 'A'	12	11	11	11	9	54
4	Helsby, Lymm & Warrington 'A'	11	9	10	10	10	50
5	Spectrum Striders 'A'	7	12	6	8	7	40
6	Mersey Tri 'A'	10	7	9	9	4	39
7	Skem & Parbold 'A'	8	8	7	5	8	36
8=	Newburgh Nomads 'A'	6	6	4	7	3	26
8=	Birkenhead & Pensby 'A'	5	5	5	6	5	26
8=	Liverpool Harriers 'A'	3	3	3	4	13	26
11	Chester Tri 'A'	4	4	8	2	2	20
12	Ellesmere Port RC 'A'	NT	NT	NT	3	6	9
13	Widnes Wasps 'A'	NT	NT	NT	NT	NT	0

Ladies 'A' Teams (3 Runners)

Pos	Team	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Liverpool RC 'A'	13	11	13	12	13	62
2	Helsby, Lymm & Warrington 'A'	12	12	11	11	10	56
3	Spectrum Striders 'A'	11	9	12	9	13	54
4	Penny Lane Striders 'A'	8	10	10	13	8	49
5	Skem & Parbold 'A'	10	13	7	6	11	47
6	Knowsley Harriers 'A'	9	8	8	10	9	44
7	Mersey Tri 'A'	3	6	9	8	5	31
8	Birkenhead & Pensby 'A'	7	7	6	5	3	28
9	Widnes Wasps 'A'	6	4	3	4	6	23
10	Liverpool Harriers 'A'	5	5	5	2	4	21
11=	Chester Tri 'A'	4	3	4	3	0	14
11=	Ellesmere Port RC 'A'	NT	NT	NT	7	7	14
13	Newburgh Nomads 'A'	NT	NT	NT	NT	NT	0

Mens 'B' Teams (6 Runners)

Pos	Team	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Knowsley Harriers 'B'	13	13	13	13	13	65
2=	Liverpool RC 'B'	12	12	11	11	10	56
2=	Penny Lane Striders 'B'	10	11	12	12	11	56
4	Helsby, Lymm & Warrington 'B'	11	10	10	10	12	53
5	Spectrum Striders 'B'	9	9	7	9	9	43
7	Skem & Parbold 'B'	6	8	6	6	8	34
6	Birkenhead & Pensby 'B'	7	6	9	8	NT	30
8	Mersey Tri 'B'	8	5	NT	7	NT	20
9	Newburgh Nomads 'B'	5	7	NT	NT	NT	12
10	Chester Tri 'B'	NT	NT	8	NT	NT	8
11	Ellesmere Port RC 'B'	NT	NT	NT	NT	7	7
12	Liverpool Harriers 'B'	NT	NT	NT	NT	6	6
13	Widnes Wasps 'B'	NT	NT	NT	NT	NT	0

Ladies 'B' Teams (3 Runners)

Pos	Team	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Helsby, Lymm & Warrington 'B'	13	13	13	13	11	63
2	Penny Lane Striders 'B'	12	12	12	12	13	61
3	Liverpool RC 'B'	11	10	11	11	10	53
4	Spectrum Striders 'B'	10	8	10	7	12	47
5	Knowsley Harriers 'B'	9	9	9	10	8	45
6	Skem & Parbold 'B'	8	11	6	9	9	43
7	Mersey Tri 'B'	NT	NT	7	8	NT	15
8	Widnes Wasps 'B'	7	NT	NT	NT	7	14
9	Birkenhead & Pensby 'B'	NT	NT	8	NT	NT	8
10	Ellesmere Port RC 'B'	NT	NT	NT	NT	6	6
11=	Newburgh Nomads 'B'	NT	NT	NT	NT	NT	0
11=	Chester Tri 'B'	NT	NT	NT	NT	NT	0
11=	Liverpool Harriers 'B'	NT	NT	NT	NT	NT	0

Combined Team Results (7 men + 3 Women)

Pos	Team	Race 1	Race 2	Race 3	Race 4	Race 5	Total
1	Knowsley Harriers 'A'	12	13	13	13	13	64
2	Liverpool RC 'A'	13	12	11	11	11	58
3	Penny Lane Striders 'A'	10	10	12	12	10	54
4	Helsby, Lymm & Warrington 'A'	11	9	10	10	12	52
5	Spectrum Striders 'A'	8	11	9	9	8	45
6	Skem & Parbold 'A'	9	8	8	8	9	42
7	Birkenhead & Pensby 'A'	7	7	7	7	INC	28
8=	Newburgh Nomads 'A'	INC	INC	INC	INC	INC	0
8=	Chester Tri 'A'	INC	INC	INC	INC	INC	0
8=	Mersey Tri 'A'	INC	INC	INC	INC	INC	0
8=	Widnes Wasps 'A'	INC	INC	INC	INC	INC	0
8=	Ellesmere Port RC 'A'	INC	INC	INC	INC	INC	0
8=	Liverpool Harriers 'A'	INC	INC	INC	INC	INC	0

(NT= No Team, INC= Incomplete Team)