

North West XC – Race 6 – Birchwood Park – 9 February 2013 – 5.2M

Mens Results

1	Martin Swensson	Penny Lane Striders	SM	51	Steve Riley	Helsby	V40
2	James Ashworth	Skemersdale Boundary Harriers	SM	52	Grant Davidson	Mersey Tri	V40
3	James Toohey	Liverpool RC	SM	53	Alex Hitchmough	Knowsley Harriers	SM
4	Chris Millington	Spectrum Striders	V40	54	Jon Cole	Ellesmere Port RC	SM
5	Graham Houghton	Spectrum Striders	SM	55	Mark Scott	Liverpool RC	V40
6	Alan Smithson	Mersey Tri	SM	56	Ian Edge	Warrington Road Runners	V50
7	Ian Palin	Liverpool RC	V40	57	David Feakes	Helsby	V50
8	Lawrence Eccles	Penny Lane Striders	SM	58	Albert De-Jong	Spectrum Striders	V40
9	Colin Bishop	Helsby	V50	59	Julian Dickinson	Lymm Runners	V40
10	Neil Kelly	Penny Lane Striders	V40	60	Andrew Blair	Ellesmere Port RC	V50
11	Neil Bullock	Penny Lane Striders	SM	61	Ranald Mackay	Spectrum Striders	V40
12	John McMaster	Skemersdale Boundary Harriers	SM	62	Tim Lewis	Spectrum Striders	V40
13	David Edwards	Knowsley Harriers	V50	63	Mark Glaister	Skemersdale Boundary Harriers	V50
14	Adam Leadbetter	Spectrum Striders	SM	64	Steve Saunders	Birkenhead	V40
15	Simon Rogers	Pensby Runners	V50	65	Terry McKeown	Liverpool RC	V40
16	Paul Schumann	Knowsley Harriers	V50	66	Graham Cushion	Liverpool RC	SM
17	Karl Tuzio	Newburgh Nomads	V40	67	Matt Whitfield	Ellesmere Port RC	V50
18	Ian Cooper	Ellesmere Port RC	V50	68	Fred Duenbier	Newburgh Nomads	V50
19	Anthony Wilcox	Knowsley Harriers	V50	69	Richard Harris	Newburgh Nomads	V50
20	Anthony Lawler	Knowsley Harriers	V50	70	Andy Dalton	Skemersdale Boundary Harriers	V50
21	Chris Baynham-Hughes	Helsby	SM	71	Wally Coppelov	Newburgh Nomads	V50
22	Jonathan Smith	Lymm Runners	SM	72	Keith Brown	Warrington Road Runners	V50
23	Martin Christian	Knowsley Harriers	V40	73	Paul Cope	Knowsley Harriers	SM
24	Gary Thornton-Allen	Pensby Runners	SM	74	Colin Lamprey	Pensby Runners	V50
25	Geoff Rudd	Liverpool RC	V50	75	Malcolm Walton	Spectrum Striders	V40
26	Ian Russell	Penny Lane Striders	V40	76	Kenny Forster	Spectrum Striders	V50
27	Patrick Boyle	Liverpool RC	SM	77	Colin Oxley	Liverpool RC	V60
28	Jonathon Toft	Penny Lane Striders	SM	78	Roy Fisher	Pensby Runners	V60
29	Patrik Corrigan	Birkenhead	V50	79	Gordon Scholefield	Pensby Runners	V60
30	Simone Capponi	Penny Lane Striders	SM	80	Alastair Singleton	Pensby Runners	V50
31	Tim Grace	Mersey Tri	V40	81	Tony Man	Penny Lane Striders	V40
32	Michael Gall	Knowsley Harriers	SM	82	Tommy Burke	Penny Lane Striders	V60
33	Max Woollard	Ellesmere Port RC	SM	83	Paul Foster	Helsby	V40
34	Daryl Mullen	Newburgh Nomads	V40	84	Tony Dickinson	Knowsley Harriers	V40
35	Jim Dawson	Warrington Road Runners	V50	85	Mick Charman	Spectrum Striders	V60
36	Kevin Walker	Skemersdale Boundary Harriers	SM	86	Ian Broadhurst	Knowsley Harriers	V40
37	Julian Spencer	Spectrum Striders	V50	87	Andy Waring	Birkenhead	V50
38	Steve Foley	Newburgh Nomads	V40	88	Neil Goulding	Skemersdale Boundary Harriers	V40
39	Thomas Rimmer	Penny Lane Striders	SM	89	Anil Jangra	Warrington Road Runners	SM
40	Tony Jackson	Newburgh Nomads	V50	90	Brian Kennedy	Newburgh Nomads	V60
41	Michael Mckinley	Liverpool RC	SM	91	Jamie Bradbury	Lymm Runners	SM
42	Gary English	Liverpool RC	V50	92	Mike Devereux	Penny Lane Striders	V60
43	Colin Dobbs	Penny Lane Striders	SM	93	Dave Thompson	Spectrum Striders	V50
44	Peter Geoghegan	Ellesmere Port RC	V40	94	Ian Sneddon	Birkenhead	V60
45	Richie Howlett	Liverpool RC	V40	95	Neville Griffiths	Spectrum Striders	V60
46	Andy Quinn	Spectrum Striders	SM	96	Mick O'Brian	Knowsley Harriers	V40
47	Andrew Glen	Knowsley Harriers	V50	97	Rod Jones	Liverpool RC	V50
Guest	Hamsin Hadziabdik	Unattached	V40	98	Richard Macllwaine	Spectrum Striders	V50
48	Andy Dawson	Spectrum Striders	SM	99	Brian Forth	Warrington Road Runners	V40
49	Andy Gaskell	Spectrum Striders	V40	100	Alan Peers	Spectrum Striders	V70
50	Ian Roche	Mersey Tri	V50				

Ladies Results

1	Claire Andrew	Spectrum Striders	FV35	27	Georgina Walker	Lymm Runners	FV35
2	Alex O'Brian	Liverpool RC	SL	28	Jackie Keasley	Helsby	FV50
3	Honor Thompson	Skemersdale Boundary Harriers	FV35	29	Debbie Read	Spectrum Striders	FV50
4	Catherin Howard	Knowsley Harriers	SL	30	Savannah Morgan	Knowsley Harriers	SL
5	Yvonne Wyke	Parbold Pink Panthers	FV40	31	Lesley Feakes	Helsby	FV40
6	Luisa Candioli	Spectrum Striders	SL	32	Ceri Baker	Pensby Runners	FV50
7	Jude Peck	Spectrum Striders	FV35	33	Gill Collen	Warrington Road Runners	FV50
8	Natalie Palin	Liverpool RC	FV35	34	Lizzie Thomas	Helsby	SL
9	Alison Cole	Ellesmere Port RC	FV35	35	Nicky Johnson	Parbold Pink Panthers	FV35
10	Sharon James	Liverpool RC	FV40	36	Jane Woodburn	Skemersdale Boundary Harriers	FV40
11	Victoria-Jayne Walls	Spectrum Striders	SL	37	Jane Lightfoot	Knowsley Harriers	SL
12	Sharon Samson	Knowsley Harriers	SL	38	Cheryl Chaney	Widnes Wasps	SL
13	Vanessa Griffiths	Helsby	FV40	39	Emma Buckley	Widnes Wasps	SL
14	Cristina Puccini	Penny Lane Striders	FV40	40	Denise Lavery	Ellesmere Port RC	FV40
15	Helen Johnson	Ellesmere Port RC	FV40	41	Rachel Rick	Penny Lane Striders	FV50
16	April Morgan	Knowsley Harriers	FV40	42	Janet Stanhope	Lymm Runners	FV50
17	Pam Thurtle	Penny Lane Striders	FV35	43	Catherine Lancaster	Pensby Runners	FV50
18	Janet Robertson	Helsby	FV40	44	Sue Buck	Spectrum Striders	FV40
19	Rachel Arnold	Helsby	FV50	45	Jen Murphy	Lymm Runners	SL
20	Kathryn-Adele Sharkey	Penny Lane Striders	SL	46	Eunice Nopondo	Penny Lane Striders	FV40
21	Lindsay Rimmer	Liverpool RC	SL	47	Judie Ko	Liverpool RC	FV40
22	Abigail Willmitt	Liverpool RC	SL	48	Chrissy Stewart	Liverpool RC	FV40
23	Carole Quirk	Skemersdale Boundary Harriers	FV50	49	Alison Lysons	Warrington Road Runners	FV40
24	Bridget Collier	Parbold Pink Panthers	FV40	50	Rebecca Gobbi	Widnes Wasps	SL
25	Helen Lester	Ellesmere Port RC	FV40	51	Joanne McGillicuddy	Widnes Wasps	FV40
26	Carole Morrison	Birkenhead	FV50	52	Sandra Lewis	Spectrum Striders	FV40

Team Results

Mens 'A' Teams (6 Runners)

Pos	Team	Score	Points
1	Penny Lane Striders 'A'	84	13
2	Knowsley Harriers 'A'	123	12
3	Liverpool RC 'A'	145	11
4	Spectrum Striders 'A'	154	10
5	Helsby, Lymm & Warrington 'A'	194	9
6	Newburgh Nomads 'A'	266	8
7	Skem & Parbold 'A'	271	7
8	Ellesmere Port RC 'A'	276	6
9	Birkenhead & Pensby 'A'	284	5
10	Mersey Tri 'A'	359 (Only 4 Ran)	4
11=	Chester Tri 'A'	NT	-
11=	Liverpool Harriers 'A'	NT	-
11=	Widnes Wasps 'A'	NT	-

Mens 'B' Teams (6 Runners)

Pos	Team	Score	Points
1	Penny Lane Striders 'B'	367	13
2	Spectrum Striders 'B'	381	12
3	Liverpool RC 'B'	405	11
4	Knowsley Harriers 'B'	439	10
5	Helsby, Lymm & Warrington 'B'	451	9
6	Birkenhead & Pensby 'B'	560 (Only 4 Ran)	8
7	Newburgh Nomads 'B'	601 (Only 2 Ran)	7
8=	Mersey Tri 'B'	No Team	-
8=	Skem & Parbold 'B'	No Team	-
8=	Chester Tri 'B'	No Team	-
8=	Widnes Wasps 'B'	No Team	-
8=	Ellesmere Port RC 'B'	No Team	-
8=	Liverpool Harriers 'B'	No Team	-

Ladies 'A' Teams (3 Runners)

Pos	Team	Score	Points
1	Spectrum Striders 'A'	14	13
2	Liverpool RC 'A'	20	12
3	Skem & Parbold 'A'	31	11
4	Knowsley Harriers 'A'	32	10
5	Ellesmere Port RC 'A'	49	9
6	Helsby, Lymm & Warrington 'A'	50	8
7	Penny Lane Striders 'A'	51	7
8	Birkenhead & Pensby 'A'	101	6
9	Widnes Wasps 'A'	127	5
10=	Liverpool Harriers 'A'	No Team	-
10=	Chester Tri 'A'	No Team	-
10=	Mersey Tri 'A'	No Team	-
10=	Newburgh Nomads 'A'	No Team	-

Ladies 'B' Teams (3 Runners)

Pos	Team	Score	Points
1	Spectrum Striders 'B'	84	13
2	Helsby, Lymm & Warrington 'B'	86	12
3	Liverpool RC 'B'	90	11
4	Skem & Parbold 'B'	95	10
5	Knowsley Harriers 'B'	129 (Only 2 Ran)	9
6	Penny Lane Striders 'B'	149 (Only 2 Ran)	8
7	Ellesmere Port RC 'B'	164 (Only 1 Ran)	7
8	Widnes Wasps 'B'	175 (Only 1 Ran)	6
9=	Birkenhead & Pensby 'B'	No Team	-
9=	Newburgh Nomads 'B'	No Team	-
9=	Chester Tri 'B'	No Team	-
9=	Mersey Tri 'B'	No Team	-
9=	Liverpool Harriers 'B'	No Team	-

Combined Team Results (7 men + 3 Women)

Pos	Team	Score	Points
1	Penny Lane Striders 'A'	174	13
2	Liverpool RC 'A'	212	12
3	Knowsley Harriers 'A'	228	11
4	Spectrum Striders 'A'	235	10
5	Helsby, Lymm & Warrington 'A'	278	9
6	Birkenhead & Pensby 'A'	526	8
7=	Skem & Parbold 'A'	INC	-
7=	Mersey Tri 'A'	INC	-
7=	Newburgh Nomads 'A'	INC	-
7=	Chester Tri 'A'	INC	-
7=	Widnes Wasps 'A'	INC	-
7=	Ellesmere Port RC 'A'	INC	-
7=	Liverpool Harriers 'A'	INC	-

NOTE

'B' Team and Combined Team Results for information only.

FINAL POSITIONS

Mens 'A' Teams (6 Runners)

Pos	Team	Race 1	Race 2	Race 3	Race 4	Race 5	Race 6	Total (Best 5)
1	Knowsley Harriers 'A'	13	13	13	12	12	12	63
2	Penny Lane Striders 'A'	9	10	12	13	11	13	59
3	Liverpool RC 'A'	12	11	11	11	9	11	56
4	Helsby, Lymm & Warrington 'A'	11	9	10	10	10	9	50
5	Spectrum Striders 'A'	7	12	6	8	7	10	44
6	Mersey Tri 'A'	10	7	9	9	4	4	39
7	Skem & Parbold 'A'	8	8	7	5	8	7	38
8	Newburgh Nomads 'A'	6	6	4	7	3	8	31
9=	Birkenhead & Pensby 'A'	5	5	5	6	5	5	26
9=	Liverpool Harriers 'A'	3	3	3	4	13	NT	26
11	Chester Tri 'A'	4	4	8	2	2	NT	20
12	Ellesmere Port RC 'A'	NT	NT	NT	3	6	6	15
13	Widnes Wasps 'A'	NT	NT	NT	NT	NT	NT	-

Ladies 'A' Teams (3 Runners)

Pos	Team	Race 1	Race 2	Race 3	Race 4	Race 5	Race 6	Total (Best 5)
1	Liverpool RC 'A'	13	11	13	12	13	12	63
2	Spectrum Striders 'A'	11	9	12	9	13	13	58
3	Helsby, Lymm & Warrington 'A'	12	12	11	11	10	8	56
4	Skem & Parbold 'A'	10	13	7	6	11	11	52
5	Penny Lane Striders 'A'	8	10	10	13	8	7	49
6	Knowsley Harriers 'A'	9	8	8	10	9	10	46
7=	Mersey Tri 'A'	3	6	9	8	5	NT	31
7=	Birkenhead & Pensby 'A'	7	7	6	5	3	6	31
9	Widnes Wasps 'A'	6	4	3	4	6	5	25
10	Ellesmere Port RC 'A'	NT	NT	NT	7	7	9	23
11	Liverpool Harriers 'A'	5	5	5	2	4	NT	21
12	Chester Tri 'A'	4	3	4	3	NT	NT	14
13	Newburgh Nomads 'A'	NT	NT	NT	NT	NT	NT	-

Mens 'B' Teams (6 Runners)

Pos	Team	Race 1	Race 2	Race 3	Race 4	Race 5	Race 6	Total (Best 5)
1	Knowsley Harriers 'B'	13	13	13	13	13	10	65
2	Penny Lane Striders 'B'	10	11	12	12	11	13	59
2	Liverpool RC 'B'	12	12	11	11	10	11	57
4	Helsby, Lymm & Warrington 'B'	11	10	10	10	12	9	53
5	Spectrum Striders 'B'	9	9	7	9	9	12	48
6	Birkenhead & Pensby 'B'	7	6	9	8	NT	8	38
7	Skem & Parbold 'B'	6	8	6	6	8	NT	34
8	Mersey Tri 'B'	8	5	NT	7	NT	NT	20
9	Newburgh Nomads 'B'	5	7	NT	NT	NT	7	19
10	Chester Tri 'B'	NT	NT	8	NT	NT	NT	8
11	Ellesmere Port RC 'B'	NT	NT	NT	NT	7	NT	7
12	Liverpool Harriers 'B'	NT	NT	NT	NT	6	NT	6
13	Widnes Wasps 'B'	NT	NT	NT	NT	NT	NT	-

Ladies 'B' Teams (3 Runners)

Pos	Team	Race 1	Race 2	Race 3	Race 4	Race 5	Race 6	Total (Best 5)
1	Helsby, Lymm & Warrington 'B'	13	13	13	13	11	12	64
2	Penny Lane Striders 'B'	12	12	12	12	13	8	61
3	Liverpool RC 'B'	11	10	11	11	10	11	54
4	Spectrum Striders 'B'	10	8	10	7	12	13	53
5	Skem & Parbold 'B'	8	11	6	9	9	10	47
6	Knowsley Harriers 'B'	9	9	9	10	8	9	46
7	Widnes Wasps 'B'	7	NT	NT	NT	7	6	20
8	Mersey Tri 'B'	NT	NT	7	8	NT	NT	15
9	Ellesmere Port RC 'B'	NT	NT	NT	NT	6	7	13
10	Birkenhead & Pensby 'B'	NT	NT	8	NT	NT	NT	8
11=	Newburgh Nomads 'B'	NT	NT	NT	NT	NT	NT	-
11=	Chester Tri 'B'	NT	NT	NT	NT	NT	NT	-
11=	Liverpool Harriers 'B'	NT	NT	NT	NT	NT	NT	-

Combined Team Results (7 men + 3 Women)

Pos	Team	Race 1	Race 2	Race 3	Race 4	Race 5	Race 6	Total (Best 5)
1	Knowsley Harriers 'A'	12	13	13	13	13	11	64
2	Liverpool RC 'A'	13	12	11	11	11	12	59
3	Penny Lane Striders 'A'	10	10	12	12	10	13	57
4	Helsby, Lymm & Warrington 'A'	11	9	10	10	12	9	52
5	Spectrum Striders 'A'	8	11	9	9	8	10	47
6	Skem & Parbold 'A'	9	8	8	8	9	INC	42
7	Birkenhead & Pensby 'A'	7	7	7	7	INC	8	36
8	Newburgh Nomads 'A'	INC	INC	INC	INC	INC	INC	0
9	Chester Tri 'A'	INC	INC	INC	INC	INC	INC	0
10	Mersey Tri 'A'	INC	INC	INC	INC	INC	INC	0
11	Widnes Wasps 'A'	INC	INC	INC	INC	INC	INC	0
12	Ellesmere Port RC 'A'	INC	INC	INC	INC	INC	INC	0
13	Liverpool Harriers 'A'	INC	INC	INC	INC	INC	INC	0

(NT= No Team, INC= Incomplete Team)