

North West XC – Race 2 – Stadt Moers Park – 8 November 2015 – 4.63M

Mens Results

1	Martin Swensson	Penny Lane Striders	O40M	77	Mark O'Callaghan	Kirkby Milers	U40M
2	James Toohey	Liverpool RC	U30M	78	Jim Dawson	Lymm Runners	O50M
3	Mark Clair	Knowsley Harriers	U40M	79	Kevin Outten	St Helens Striders	O40M
4	Ian Moran	Kirkby Milers	U40M	80	Jimmy Connolly	Spectrum Striders	O55M
5	Karl Steinegger	Spectrum Striders	U30M	81	Paul Robertson	Delamere Spartans	O50M
6	John McMaster	Liverpool RC	U30M	82	Richard Thorpe	Penny Lane Striders	U40M
7	Kyle Harrison	Liverpool RC	U30M	83	Lewis Houghton	Kirkby Milers	U20M
8	Anthony Lawlor	Knowsley Harriers	O50M	84	Geoff Rudd	Liverpool RC	O55M
9	Ian Magill	Liverpool RC	O45M	85	Andy Gaskell	Spectrum Striders	O45M
10	Stephen Watkin	Penny Lane Striders	U40M	86	Paul Williams	Mersey Tri	U40M
11	Tom Greaves	Warrington RR	U30M	87	Thomas Rimmer	Penny Lane Striders	U30M
12	Alan Smithson	Mersey Tri	U40M	88	Dave Ralphs	Newburgh Nomads	O55M
13	Jonathan Smith	Lymm Runners	U30M	89	Jono Kirkman	St Helens Striders	U40M
14	Alex Cowin	Penny Lane Striders	U40M	90	Andy Whittaker	Delamere Spartans	U40M
15	Chris Collins	Delamere Spartans	U30M	91	Marc Goudie	Penny Lane Striders	U40M
16	Benjamin Fletcher	Helsby	O40M	92	David Daly	Kirkby Milers	U40M
17	David Low	Mersey Tri	U40M	93	Alex Lewis	Spectrum Striders	U30M
18	Kev Charleston	Pensby Runners	U40M	94	Robert Bruchez-Corbett	Penny Lane Striders	U40M
19	Stephen Doyle	Knowsley Harriers	O40M	95	Gareth Jones	Delamere Spartans	O45M
20	Christopher Lee	Penny Lane Striders	U40M	96	Phil Macklin	Penny Lane Striders	O40M
21	James Ashworth	Knowsley Harriers	U40M	97	Tony Craig	Kirkby Milers	O45M
22	James Muscart	Mersey Tri	U30M	98	Jim Savage	Kirkby Milers	O40M
23	Chris Millington	Spectrum Striders	O45M	99	Luke Potts	Warrington RR	U40M
24	Michael Heyes	Mersey Tri	U30M	100	George Daval	Mersey Tri	U30M
25	Ralph Pawling	Pensby Runners	U40M	101	Julian Spencer	Spectrum Striders	O55M
26	Sam Evans	Penny Lane Striders	U40M	102	Paul Cheetham	Skem BH	O40M
27	Alex Rigby	Liverpool RC	U30M	103	William-John Jones	Knowsley Harriers	O45M
28	Max Woollard	Ellesmere Port RC	U30M	104	Daniel McKeivitt	Kirkby Milers	U40M
29	Neil Bullock	Penny Lane Striders	U30M	105	Kevin Logue	Warrington RC	U40M
30	Craig Hoy	Liverpool RC	U30M	106	Kenny Forster	Spectrum Striders	O55M
31	Kye Byrne	Warrington RC	U40M	107	Daryl Mullen	Newburgh Nomads	O50M
32	Ian Palin	Liverpool RC	O40M	108	Jonathan Hock	Lymm Runners	U40M
33	Michael Gall	Knowsley Harriers	U40M	109	Mike Smith	Lymm Runners	O50M
34	Daniel Peers	Spectrum Striders	U30M	110	Wally Coppelov	Newburgh Nomads	O55M
35	Marty Christian	Knowsley Harriers	O45M	111	Neil Barber	Kirkby Milers	U40M
36	Nigel Cosford	Warrington RC	O45M	112	Lee Warburton	Penny Lane Striders	O40M
37	Neil Kelly	Penny Lane Striders	O40M	113	Matt Ashford	Lymm Runners	O40M
38	Chris Pownell	Knowsley Harriers	U30M	114	Julian Tour	Penny Lane Striders	U40M
39	Simon Rogers	Pensby Runners	O50M	115	Stuart Burthem	Warrington RC	O45M
40	David Edwards	Kirkby Milers	O50M	116	Simone Capponi	Penny Lane Striders	U40M
41	Dan Thomas	Penny Lane Striders	U30M	117	Andrew Glen	Knowsley Harriers	O50M
42	Neil Adair	Spectrum Striders	U40M	118	Jerome Doyle	Penny Lane Striders	O40M
43	Gary English	Liverpool RC	O50M	119	Dominic Roberts	Pensby Runners	U40M
44	Andrew Starkey	Penny Lane Striders	U40M	120	Andy Huxley	Skem BH	O45M
45	Colin Dobbs	Penny Lane Striders	O40M	121	Jonathon Fisher	Liverpool RC	U40M
46	Darren Unsworth	Kirkby Milers	O40M	122	Kenneth Day	Kirkby Milers	U40M
47	Tom O'Dowd	Knowsley Harriers	U30M	123	Steve Wall	Liverpool RC	O40M
48	Kevin Walker	Skem BH	O40M	124	Andy Lavery	Knowsley Harriers	U40M
49	Dean Wilson	Liverpool RC	O40M	125	Grant Davidson	Mersey Tri	O40M
Guest	Daniel Gilbody	Liverpool Pembroke Sefton	U40M	126	Michael Holloway	Kirkby Milers	U40M
50	Richard Seville	St Helens Striders	O40M	127	Richard Shayle	Pensby Runners	O45M
51	Paul Demore	St Helens Striders	O45M	128	Kevin Smyth	Liverpool RC	U30M
52	Andrew Keeley	Penny Lane Striders	O50M	129	Andy Dawson	Spectrum Striders	U40M
53	David Lawton	Liverpool RC	U40M	130	Nigel Foo	Penny Lane Striders	O45M
54	David Holmes	Lymm Runners	O40M	131	Rob McHarry	Spectrum Striders	O50M
55	Chris Ryan	Mersey Tri	U40M	132	Martin Ballard	St Helens Striders	U40M
56	Rob Morris	Delamere Spartans	U40M	133	Chris Reid	St Helens Striders	O50M
57	Paul Goodwin	Kirkby Milers	O45M	134	Kenny Shurie-Mackenzie	Kirkby Milers	O45M
58	Matthew Robinson	Newburgh Nomads	U40M	135	Tony Man	Penny Lane Striders	O45M
59	Mike Clayton	Liverpool RC	U40M	136	Stephen Riley	Helsby	O50M
60	Mike Houghton	Spectrum Striders	O45M	137	Brian Hall	Warrington RC	O50M
61	Sean Britton	Mersey Tri	U30M	138	George Pierce	Liverpool RC	O45M
62	Dave Higgans	Spectrum Striders	O40M	139	Mark Scott	Liverpool RC	O45M
63	James Warburton	Kirkby Milers	U40M	140	George McCann	Liverpool RC	O40M
64	Joseph Chedgzoy	Kirkby Milers	U30M	141	Jake Holmes	Spectrum Striders	U40M
65	Nick Wishart	Delamere Spartans	O50M	142	Robert Moore	Knowsley Harriers	O40M
66	Lyndon Easthope	Penny Lane Striders	O40M	143	John Whitehead	Helsby	U40M
67	John O'Neil	Mersey Tri	O40M	144	Neil Sahgal	Mersey Tri	O40M
68	John Preece	Kirkby Milers	O40M	145	William Merritt	Knowsley Harriers	O50M
69	Kevin Brown	Knowsley Harriers	O40M	146	Ranald Mackay	Spectrum Striders	O45M
70	Gary Thompson	Kirkby Milers	U40M	147	Tim Lewis	Spectrum Striders	O50M
71	Nathan Parry	Knowsley Harriers	U20M	148	Ian Edge	Warrington RR	O50M
72	Ian Russell	Penny Lane Striders	O50M	149	Fred Duenbier	Newburgh Nomads	O60M
73	Andrew Leslie	Penny Lane Striders	U30M	150	Keith Andrews	Liverpool RC	O50M
74	Paul Atherton	Delamere Spartans	O40M	151	Peter Leadbeater	Knowsley Harriers	O50M
75	Gareth Boyd	Helsby	O40M	152	Phil Jolley	Warrington RC	O45M
76	Gary Wilton	Kirkby Milers	U40M	153	Rob Hardwick	Penny Lane Striders	O45M

154	Martin Hirrell	Penny Lane Striders	O50M	185	Mick Charman	Spectrum Striders	O60M
155	Nigel Crompton	Pensby Runners	O50M	186	Bill Sergeson	Penny Lane Striders	O45M
156	Stephen Gorman	Penny Lane Striders	O40M	187	Phil O'Rourke	Liverpool RC	O50M
157	Ged Stephens	Delamere Spartans	O45M	188	Gary Young	Warrington RC	O40M
158	Mark Glaister	Skem BH	O50M	189	Terry Noon	Knowsley Harriers	U40M
159	Steve Saunders	Birkenhead	O50M	190	Dave Thompson	Spectrum Striders	O55M
160	Steve Pemberton	Penny Lane Striders	O60M	191	Brian Kennedy	Newburgh Nomads	O60M
161	David Webb	Penny Lane Striders	U40M	192	Colin Lamprey	Pensby Runners	O50M
162	Ian Barker	Spectrum Striders	U40M	193	Chris Hatton	Helsby	O60M
163	Ian Seabury	Warrington RR	O40M	194	Andy Bates	Penny Lane Striders	U30M
164	Andy Dalton	Skem BH	O50M	195	John Lingard	St Helens Striders	O60M
165	Gordon Scholefield	Pensby Runners	O60M	196	Neil Rigby	St Helens Striders	O40M
166	Simon Poole	St Helens Striders	O40M	197	Adam McGlory	Penny Lane Striders	U30M
167	Martin Berry	Warrington RR	O40M	198	Ciaran Moran	Kirkby Milers	U40M
168	Roy Fisher	Pensby Runners	O60M	199	Jose Perez	Lymm Runners	O40M
169	Paul Alexander	Pensby Runners	O55M	200	Andy Walker	Warrington RC	O40M
170	Alan Spencer	Knowsley Harriers	O55M	201	Robbie Burke	Liverpool RC	O50M
171	Barry Ryder	Skem BH	U30M	202	Rod Jones	Liverpool RC	O55M
172	Bob Wamer	Knowsley Harriers	O40M	203	Rob Armes	Liverpool RC	U40M
173	Steve Halligan	Ellesmere Port RC	O50M	204	Andrew Swain	Warrington RC	O40M
174	Peter Cowan	Mersey Tri	O45M	205	Tony Fishwick	Kirkby Milers	O40M
175	Tommy Burke	Penny Lane Striders	O60M	206	Neil Booth	Warrington RC	U40M
176	Tony Clixby	Village Runners	O60M	207	James Kemp	Warrington RC	U30M
177	Mark Lancaster	Mersey Tri	O45M	208	David Bailey	Kirkby Milers	O40M
178	Paul Stevenson	Liverpool RC	O45M	209	Patrick Kavanagh	Ellesmere Port RC	U20M
179	Paul Foster	Helsby	O40M	210	Mark Humphreys	Kirkby Milers	O45M
180	David Wooster	Warrington RC	U40M	211	Christopher Sullivan	Kirkby Milers	O40M
181	Ian Broadhurst	Knowsley Harriers	O50M	212	Kenny Worrall	Liverpool RC	O40M
182	Paul Cope	Kirkby Milers	U40M	213	Paul Kavanagh	Ellesmere Port RC	O45M
183	Tony Sala	Lymm Runners	O55M	214	Darrin Percy	Ellesmere Port RC	O50M
184	James Stansfield	Penny Lane Striders	U30M	215	Colin Duggan	Liverpool RC	O55M

Ladies Results

1	Carol Parsons	Ellesmere Port RC	U40F	58	Linda Statham	Warrington RR	O40F
2	Catherine Howard	Knowsley Harriers	U30F	59	Lesley Feakes	Helsby	O50F
3	Alex Melia-O'Brian	Liverpool RC	U35F	60	Elaine Mountford	Warrington RR	O50F
4	Claire Andrew	Spectrum Striders	U40F	61	Jennifer O'Sullivan	Kirkby Milers	U30F
5	June Swift	Helsby	U30F	62	Dawn Fairclough	Liverpool RC	U40F
6	Honor Thompson	Skem BH	U40F	63	Michelle Jones	Delamere Spartans	U40F
7	Alison Russell	Spectrum Striders	U35F	64	Becky Burke	Liverpool RC	U20F
8	Jenny Illidge	Helsby	U30F	65	Hayley Fairclough	Liverpool RC	U35F
9	Natalie Palin	Liverpool RC	U40F	66	Janette Fishwick	Kirkby Milers	U40F
10	Gillian Verdin	Liverpool RC	U30F	67	Jane Woodburn	Skem BH	O40F
11	Bobbie Lomax	Warrington RC	O40F	68	Amanda Holman	Kirkby Milers	O40F
12	Maria Cook	Parbold Pink Panthers	O40F	69	Jane Hallows	Penny Lane Striders	O40F
Guest	Victoria Jones	Liverpool Pembroke Sefton	U30F	70	Sue Burke	Liverpool RC	O50F
13	Lucy Partridge	Pensby Runners	U40F	71	Lesley Finnih	Penny Lane Striders	U40F
14	Sharon James	Liverpool RC	O40F	72	Jessica Garrigan	Liverpool RC	U40F
15	Jane Lowe	Spectrum Striders	O40F	73	Lisa MacKay	Spectrum Striders	O40F
16	Michelle King	Penny Lane Striders	U30F	74	Rachel Keenan	Village Runners	O40F
17	Louise Watson	Penny Lane Striders	U40F	75	Joyce Griffiths	Activewomenrunning	O50F
18	Laura Baynham-Hughes	Helsby	U40F	76	Susan Maire	Mersey Tri	O40F
19	Pam Thurtle	Penny Lane Striders	U40F	77	Elly Roberts	Spectrum Striders	O40F
20	Bridget Collier	Parbold Pink Panthers	O40F	78	Amena Madden	Liverpool RC	O40F
21	Emma Pryor	Spectrum Striders	U40F	79	Bhavna Mistry	Kirkby Milers	O40F
22	Sara Atkinson	Ellesmere Port RC	O50F	80	Laura Reese	Village Runners	U40F
23	Jennifer Langston	Village Runners	U35F	81	Sandra Riley	Village Runners	O40F
24	Tarja Barnes	Warrington RR	O40F	82	Sheila Quinn	Liverpool RC	O50F
25	Louise Dempster	Spectrum Striders	O50F	83	Debbie Rutherford	Pensby Runners	O50F
26	Louise Nicholson	Liverpool RC	U40F	84	Christine Carter	Kirkby Milers	U40F
27	Sue Burke	Activewomenrunning	O40F	85	Adrienne Hall	Spectrum Striders	O40F
28	Louise Warn	Penny Lane Striders	U30F	86	Rachel Burke	Liverpool RC	U30F
29	Kylie Maguire	St Helens Striders	U30F	87	Alison Little	Liverpool RC	U40F
30	Janet Robertson	Helsby	O40F	88	Jayne Cheetham	Warrington RC	O40F
31	Janice McDonnell	Warrington RC	O40F	89	Jo Bruchez-Corbett	Penny Lane Striders	U40F
32	Laura Buckley	St Helens Striders	U30F	90	Natalie Cubbins	Kirkby Milers	U40F
33	Debbie Turner	Liverpool RC	O50F	91	Katherine Robertson	Mersey Tri	U35F
34	Abigail Willmitt	Liverpool RC	U35F	92	Nicola Daley	Widnes Wasps	O40F
35	Kimberley Tinsley	Spectrum Striders	U35F	93	Linda Greengrass	Kirkby Milers	O40F
36	Karen Smith	Liverpool RC	O50F	94	Katy O'Connor	Lymm Runners	O50F
37	Sharon Wright	Kirkby Milers	O40F	95	Rachel Beddows	Ellesmere Port RC	O40F
38	Clare Farrell	Delamere Spartans	U40F	96	Sue Ledsom	Ellesmere Port RC	O40F
39	Gill Darby	Penny Lane Striders	O50F	97	Julie Winstanley	Ellesmere Port RC	O50F
40	Ann-Marie Williams	Penny Lane Striders	O40F	98	June Case	Liverpool RC	U40F
41	Carole Quirk	Skem BH	O50F	99	Donna Mckeown	Village Runners	O40F
42	Lorna Harper	Mersey Tri	U30F	100	Elizabeth Dennett	Penny Lane Striders	O40F
43	Lynsey Coan	Village Runners	U35F	101	Leanne Rimmer	Liverpool RC	U40F
44	April Wilkinson	Warrington RR	U35F	102	Melanie Haste	Widnes Wasps	U40F
45	Amanda Lee	Kirkby Milers	O40F	103	Emily Sinkinson	Spectrum Striders	U20F
46	Janet Walker	Skem BH	U40F	104	Carolyn Rigby	Widnes Wasps	O40F
47	Karen Parry	Knowsley Harriers	O40F	105	Steph Charman	Spectrum Striders	O60F
48	Claire Rowlands	Delamere Spartans	O40F	106	Danika Leahey	Kirkby Milers	U30F
49	Lynsay Adair	Widnes Wasps	U35F	107	Clare Evans	Kirkby Milers	O40F
50	Anna Watkin	Penny Lane Striders	U35F	108	Rachel Craig	Kirkby Milers	O40F
51	Louise Casey	Warrington RC	U40F	109	Laura Cheers	Warrington RC	U35F
52	Jennie Rooney	Liverpool RC	U35F	110	Janet Fisher	Liverpool RC	O50F
53	Suzanne Fletcher	Helsby	U40F	111	Kim Rockcliffe	Liverpool RC	O50F
54	Emma Williams	Kirkby Milers	U30F	112	Joanne Griffiths	Warrington RC	U40F
55	Emma Nunnerley	Lymm Runners	U40F	113	Louise Adlington	Liverpool RC	U35F
56	Jennifer Houghton	Kirkby Milers	U35F	114	Becky Davies	Pensby Runners	U30F
57	Joanne Moyers	Widnes Wasps	O40F				

Team Results

Mens 'A' Teams (6 Runners)

Pos	Team	Score	Points
1	Liverpool RC 'A'	81	18
2	Penny Lane Striders 'A'	100	17
2	Knowsley Harriers 'A'	119	16
4	Mersey Tri 'A'	191	15
5	Spectrum Striders 'A'	226	14
6	Helsby, Lymm & Warrington 'A'	247	13
7	Kirkby Milers 'A'	274	12
8	Delamere Spartans 'A'	381	11
9	Birkenhead & Pensby 'A'	483	10
10	St Helens Striders 'A'	534	9
11	Warrington RC 'A'	576	8
12	Newburgh Nomads 'A'	703	7
13	Skem & Parbold 'A'	763	6
14	Ellesmere Port RC 'A'	1062 (only 5 Ran)	5
15	Village Runners 'A'	1301 (only 1 Ran)	4
16	Chester Tri 'A'	No Team	-
17	Widnes Wasps 'A'	No Team	-
18	Activewomenrunning 'A'	No Team	-

Ladies 'A' Teams (3 Runners)

Pos	Team	Score	Points
1	Liverpool RC 'A'	22	18
2	Spectrum Striders 'A'	26	17
3	Helsby, Lymm & Warrington 'A'	31	16
4	Skem & Parbold 'A'	38	15
5	Penny Lane Striders 'A'	52	14
6	Warrington RC 'A'	93	13
7	Ellesmere Port RC 'A'	118	12
8	Kirkby Milers 'A'	136	11
9	Village Runners 'A'	140	10
10	Delamere Spartans 'A'	149	9
11	Widnes Wasps 'A'	198	8
12	Mersey Tri 'A'	209	7
13	Birkenhead & Pensby 'A'	210	6
14	Knowsley Harriers 'A'	173 (Only 2 Ran)	5
15	St Helens Striders 'A'	185 (Only 2 Ran)	4
16	Activewomenrunning 'A'	226 (Only 2 Ran)	3
17	Chester Tri 'A'	No Team	-
18	Newburgh Nomads 'A'	No Team	-

CURRENT POSITIONS

Mens 'A' Teams (6 Runners)

Pos	Team	Race 1	Race 2	Total
1	Liverpool RC 'A'	17	18	35
2	Knowsley Harriers 'A'	18	16	34
3	Penny Lane Striders 'A'	16	17	33
4	Spectrum Striders 'A'	15	14	29
5=	Helsby, Lymm & Warrington 'A'	14	13	27
5=	Mersey Tri 'A'	12	15	27
7	Kirkby Milers 'A'	13	12	25
8	Birkenhead & Pensby 'A'	11	10	21
9=	Delamere Spartans 'A'	8	11	19
9=	St Helens Striders 'A'	10	9	19
11	Warrington RC 'A'	9	8	17
12	Newburgh Nomads 'A'	7	7	14
13=	Ellesmere Port RC 'A'	6	5	11
13=	Skem & Parbold 'A'	5	6	11
15=	Chester Tri 'A'	4	NT	4
15=	Village Runners 'A'	NT	4	4
17=	Widnes Wasps 'A'	NT	NT	-
17=	Activewomenrunning 'A'	NT	NT	-

Ladies 'A' Teams (3 Runners)

Pos	Team	Race 1	Race 2	Total
1	Liverpool RC 'A'	17	18	35
2	Spectrum Striders 'A'	15	17	32
3=	Ellesmere Port RC 'A'	16	12	28
3=	Penny Lane Striders 'A'	14	14	28
3=	Skem & Parbold 'A'	13	15	28
6	Helsby, Lymm & Warrington 'A'	11	16	27
7	Warrington RC 'A'	12	13	25
8	Birkenhead & Pensby 'A'	18	6	24
9	Village Runners 'A'	10	10	20
10	Kirkby Milers 'A'	7	11	18
11=	Delamere Spartans 'A'	6	9	15
11=	Mersey Tri 'A'	8	7	15
13	Widnes Wasps 'A'	5	8	13
14	Activewomenrunning 'A'	9	3	12
15	Knowsley Harriers 'A'	4	5	9
16	St Helens Striders 'A'	NT	4	4
17	Chester Tri 'A'	3	NT	3
18	Newburgh Nomads 'A'	NT	NT	-